

# SENIOR *Center* OF SIDNEY-SHELBY COUNTY

Open Weekdays: 8:00 a.m. - 7:00 p.m. Saturdays 8-12

304 S. West Avenue

Phone: (937) 492-5266

Sidney, OH 45365

NEWSLETTER

MAY & JUNE 2026

Vol. 29, No. 3



## “The Shelby Awards”



### Senior Day in May Event

When: Wednesday May 6, 2026

11:30am

Where: Senior Center of Sidney-Shelby County  
304 S. West Ave., Sidney, Ohio 45365

Cost: \$7.00 per person

(Tickets are available at the Senior Center)

Awards will be given to the Outstanding Senior of the Year and the Outstanding Organization of the Year.

You will be able to vote for your winners in several categories such as: Best laugh, Best Sense of Humor, etc.

**Doors will open at 11:00am Catered by: Cracker Barrel**

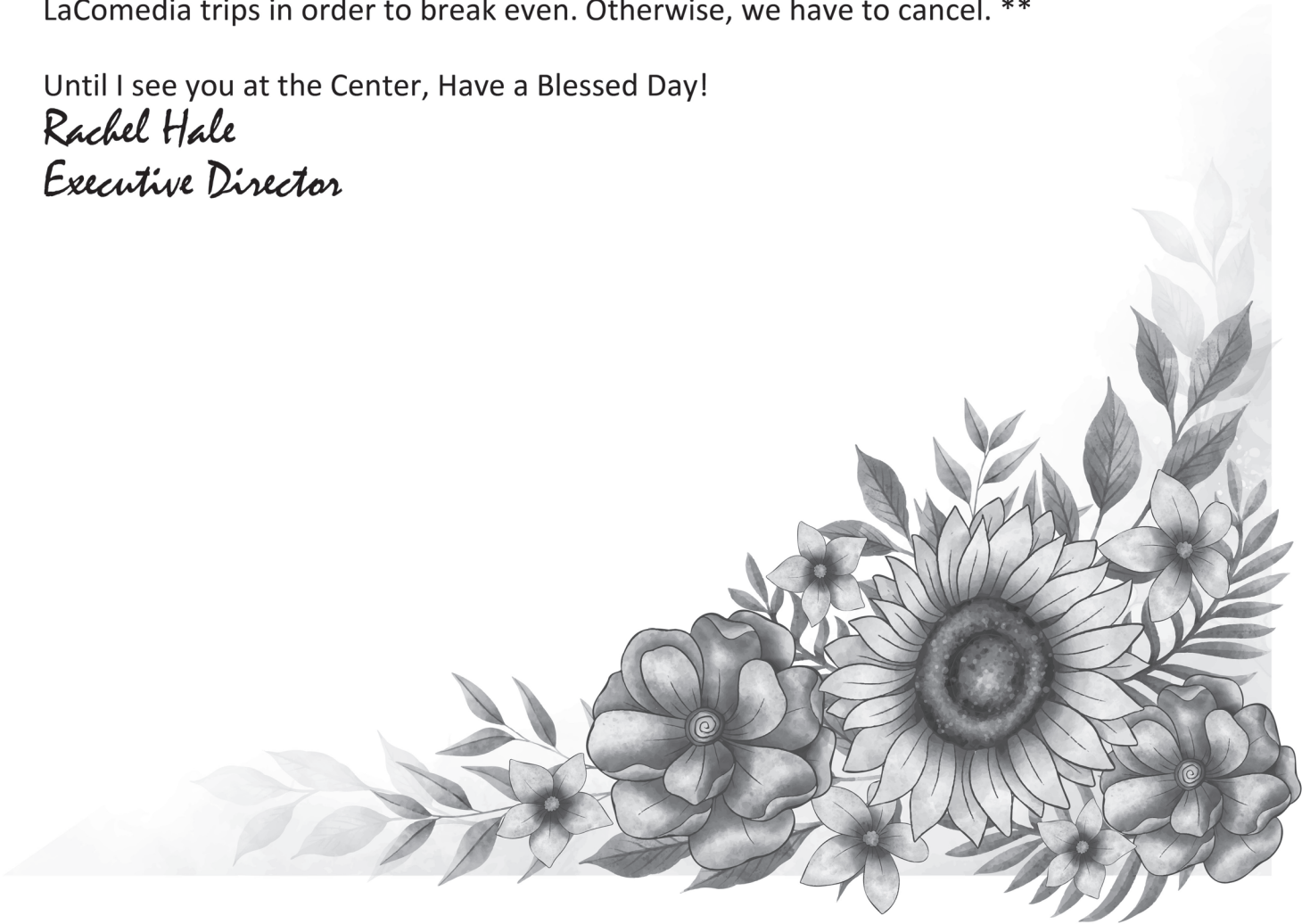
**From your Executive Director:**

Wow! We are experiencing great membership numbers right now; in fact, they are record setting! Thank you to all of you that have been telling friends, family and neighbors how great it is here!

The Happy Travelers Day trips are an exciting way to have a great time, meet new people and make new friends! Whether it is a LaComedia or Casino trip, it is sure to be a good time. Sign up now and get on the list before they fill up. \*\* we must have at least ½ a buss for the LaComedia trips in order to break even. Otherwise, we have to cancel. \*\*

Until I see you at the Center, Have a Blessed Day!

*Rachel Hale*  
*Executive Director*



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WHAT YOU LOVE**

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**Andrew Shaffer, Agent**



*From your Board President:*

This being my last newsletter as president of The Senior Center of Sidney Shelby County, I want to begin by saying how deeply and grateful I am for the privilege having served as Board President for the last several years. To our staff, volunteers and members, your dedication is the heartbeat of this organization. You show up with compassion, patience and a lot of humor every single day, and our community is a lot better because of your commitment to the Senior Center, and we are very grateful. It is always nice to see the enjoyment that our members show to one another in your comradery, friendships and some competitiveness, that many of you have developed since becoming members of the Center. What an outstanding place to come to and feel welcomed. For many this a home away from home, and this is how we want you to feel.

To my fellow board members, Thank You for your partnership, your honesty, willingness and dedication to work together for the benefit of the Senior Center. We have navigated through so many challenges, good and bad, and celebrated many challenges, but most importantly worked together for the betterment of our community. I am very proud of what we accomplished working together over these past years.

As I pass the gavel over to our next president (Nancy) and other new board members, I wish them much success and fun times!! Till we meet again

And as I always end my newsletters.....

Act of kindness, no matter how small, is never wasted. --Aesop

*“Pay it forward “Let’s keep this theme happening - Even if just a smile*

SHELIA NUSS  
PRESIDENT

**Momentous**  
H E A L T H

---

*at Sidney*

510 Buckeye Avenue,  
Sidney, OH 45365  
937-492-3171

  
**FIVE STARS**  
by Centers for Medicare  
& Medicaid Services



# ***HEADLINE NEWS!! CHECK IT OUT!!***

\*\*\*\*\*

## **MONTHLY BILLIARD TOURNAMENT**

The tournament is the last Friday of each month at **10:00am**. Senior Center House Rules will apply for the tournaments only. Come down and join in on the fun and a chance to win the bragging rights for the month!

February's winner was: Duane Stewart, Runner up was: Bruce Bradley

March's winner was: Bruce Bradley, Runner up was: Tim Yinger

## **CARRY IN MEETING WINNERS:**

Attendance prize winner for February was Daniel Lawrence and March was Carolyn Warner Both winners received a \$25 Gift Card to Wal-Mart!

The 50/50 winner for February was Pat Mullen and March was Liz Hamm

Come to the next carry in and see if you're the next lucky winner!

**May 12<sup>th</sup> will be the last day to vote for the Board of Trustees positions.** Ballots will be counted and announced at the Carry in Meeting. Entrée will be: Chicken & Dumplings

June 19<sup>th</sup> Guest Speaker will be Liz Durnell, Attorney. Entrée will be: Baked Ham

## **HOLIDAY CLOSING:**

Monday May 25<sup>th</sup> Memorial Day

## **FRIDAY FUN NIGHT TRIVIA:**

**Join us on Friday May 1st @ 7pm** for a night of trivia, fun, laughter and snacks! This event is FREE and open to the public age 50 or better! Invite your friends, neighbors and family.

## **SUMMER AQUA AEROBICS CLASS:**

The Landings of Sidney will once again Sponsor our Aqua Aerobics class this summer. Classes will be on Monday/Wednesday/Friday at 11am at the Sidney Pool. First class will begin on Monday June 15, 2026 and the last class will be on Friday July 24, 2026.

**YOU MAY SIGN UP BEGINNING JUNE 2<sup>nd</sup>** by calling the Senior Center at 937-492-5266.

There are only 25 spots available.



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# Senior Center of Sidney-Shelby County Official Board of Trustees Ballot 2026

Please drop your ballot off at the front desk. Staff will verify your membership before your ballot can be valid. \*\* Note: you must be a current member with dues paid for 2026 to cast your vote.

**Ballots will be counted at the May 12<sup>th</sup> Carry-In Luncheon. ALL ballots must be cast BEFORE 11:30am when the meal starts.**

**President:** (2-year term)  
Nancy Lillard (unopposed)

**Vice President:** (2-year term)  
Phyllis Chester (unopposed)

**Secretary:** (2-year term)  
Kathy Woodruff (unopposed)

**Trustee (3 Year Term)**  
**(Vote for two)**

\_\_\_ Jane Adams

\_\_\_ Gary Bonifas

\_\_\_ Linda Borland


\_\_\_ Millie Schroeder

\_\_\_ Lisa Simon

\_\_\_ D'Mitri Williams



	<p>“Navigating your real estate journey together.”</p> <p>Victoria Linkmeyer, Realtor 937-638-8788</p> <p> Key REALTY</p> 
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	<p><b>YOUNG FAMILY MEDICINE INC.</b> <b>DR. MARK E. YOUNG, M.D.</b></p> <p>430 FOURTH AVENUE • SIDNEY OH 45365 OFFICE PHONE: 937-492-7797 • FAX: 937-710-9040</p> <p><i>Board Certified Family Medicine</i></p>
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# BE IN THE “KNOW” WITH WHAT’S HAPPENING

\*\*\*\*\*

## **CERTIFIED PERSONAL TRAINER:**

We ask that before you use our exercise room and equipment for the first time you meet with a personal trainer. Laura’s hours are: Monday and Tuesday mornings 8:15 – 9:15 am and Tuesday evening 6:15 – 7:00 PM

## **ON FACEBOOK:**

Check us out on Facebook, Senior Center of Sidney/Shelby County. Help us spread the word by following these 4 steps: **1.) FIND US 2.) LIKE US 3.) FOLLOW US 4.) SHARE OUR POSTS!** It will go a long way in getting our information out to the public. You will also get up to date information on whenever we are delayed or closed.

**RENTAL OF OUR BUILDING:** Are you or someone you know interested in renting the building? Please call Rachel Hale (Executive Director) at (937) 492-5266.

## **BLOOD DRIVE:**

The next one will be Wednesday June 24<sup>th</sup> 10am – 4pm.  
You can schedule online at [www.donortime.com](http://www.donortime.com) or call Rachel at the Center and she can get you on the list.

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## **SAVE THE DATE!!**


**Start Mother’s Day Weekend off right!**




## **Chicken & Noodles Drive Thru Fundraiser**

**Friday May 8, 2026**

Menu includes:  
**Chicken & Noodles**  
**Mashed Potatoes**  
**Green Beans**  
**Roll/Butter**  
**Dessert**

  
OPERATION  
HOURS  
**5PM - 7PM**

  
PAYMENT  
CASH ONLY  
**\$10.00**

# MONTHLY REMINDERS FOR: MAY & JUNE

## **BOARD MEETINGS:**

The Senior Center Board of Directors meetings are:

Friday May 8<sup>th</sup> and Friday June 5<sup>th</sup> at 9am.

All are welcome at the Monthly Board meetings.

## **LUNCH & LEARN:**

Join us on Tuesday May 26<sup>th</sup> at 11:30am. Our guest speaker will be: Tom Clark with Guys & Ties.

**FREE LUNCH TO THE 1<sup>ST</sup> 25 PEOPLE SIGNED UP.**

## **HEALTH LUNCHEON:**

Join us on Tuesday June 23<sup>rd</sup> at 11:30am. Our guest speaker will be from Dayton Valley Eye.

**FREE LUNCH TO THE 1<sup>ST</sup> 25 PEOPLE SIGNED UP.**

### **YOUR EXPERT IN ELDER LAW AND ASSET PROTECTION**

- Wills
- Trusts
- Estate Planning
- Medicaid Planning
- VA Aid and Attendance
- Probate
- Special Needs Trusts
- Farm Trusts

**(937) 507-9004**



*DM*

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[www.durnellmaierlaw.com](http://www.durnellmaierlaw.com)

Sidney Office

804 W. Russell Road  
Sidney, Ohio 45365

HOURS MON – THURS 8:30 – 5:00 FRIDAY 8:30 – 3:00

Troy Office

10 Market Street  
Troy, Ohio 45373



### **JACKSON TOWERS INDEPENDENT SENIOR LIVING *For the Young at Heart***

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Applications Now Being Accepted

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- Laundry Entrance
- Air Conditioning
- Stove & refrigerators included
- Community Room
- Patio Facilities
- Various Programs and Activities



# WEEKLY SCHEDULE

SENIOR CENTER SINGERS: Monday & Friday 10 a.m.

BINGO: Monday and Thursday at 1:00 p.m.

MAH JONG: Monday and Thursday 1:00 p.m.

SHUFFLEBOARD: Monday and Thursday 1:00 p.m.

PICKLEBALL: Mon. & Thurs. at 3 p.m., Tues. at 4:45 p.m. Wed. & Fri. at 1:00 p.m.  
Beginners Level only: Wednesday, Thursday & Friday 4:45 p.m.

CHAIR EXERCISE: Tuesday and Thursday at 9:00 a.m.

MOVE N GROOVE: Tuesday and Thursday at 10:00 a.m. Mondays at 5:30 p.m.

LINE DANCING: Tuesday and Thursday at 11:00 a.m.

ADVANCED LINE DANCING: Monday and Friday at 11:00 a.m.

CHAIR YOGA: Monday & Friday 9 a.m.

EUCHRE: Tuesday and Friday at 1:00 p.m. Thursday evening at 7:00 p.m.

BID EUCHRE: Tuesday at 7:00 p.m.

TEXAS HOLD EM': Monday & Thursday at noon, Tuesday, Wednesday & Friday at 1 p.m.

PINOCHLE: Tuesdays & Thursdays noon – 3:00 p.m. & Wednesday 11:00 – 3 p.m.

BRIDGE: Friday at 12:30 p.m.

KNITTING/CROCHETING GROUP: Wednesday at 10 a.m. Monday & Thursday 2:30 p.m.

BILLIARDS: Tournaments are held on the last Friday of the month at 10:00 a.m.

VET'S COFFEE & DONUTS: Friday 9 a.m. – 11 a.m.

WALK & MARCH: Wednesday 9 a.m.

TRIPOLY CARD GAME: Wednesday 10 a.m., Friday 1 p.m.



# FUNDRAISING OPPORTUNITIES

There are many different ways that the Center raises money that you might not know about. If you would like to help out or get involved with any of these, let the staff know and we will be happy to answer any questions.

**1.) Monthly Basket Raffle:** Watch for these to be up at the front desk. Each chance is \$2 and the retail value on the baskets are typically around \$75. Each basket has a theme and also includes up to \$50 in gift cards to area restaurants and/or stores.

**2.) Kroger Rewards:** If you have a Kroger Plus card, you can go online and register under the community rewards section and select the Senior Center of Sidney-Shelby County. A percentage of each dollar you spend will be donated to the Senior Center. This DOES NOT affect your fuel rewards. It is an EASY and FREE way to support the center. If you have questions, please see Rachel and she will help you with it. **The last quarter we received a donation of \$147.00!!!** This goes a long way in keeping our programming up and running!

**3.) Aluminum Cans:** If you have cans piling up we take them! Crushed or not, we accept them and take them in for redemption. Just drop them in the back hall or in the ground floor kitchen, please let an employee know.



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For more information, call us at **(937) 498-9335** or visit [wilsonhealth.org](http://wilsonhealth.org).





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# Senior Center Happy Travelers

If you are interested in making a reservation for any of the following trips, please contact Rachel Hale or Cindy Lambert at 937-492-5266 for details, waiver and to make payment.

## LaComedia Dinner Theatre

Pick up will be PROMPTLY at 9:30 am in the Wal-Mart Plaza Parking Lot

Cost is: \$115 (Senior Center Members) \$125 (non-members)

\*\* all participants must be age 50 or better\*\*

6/4/2026	5/1/2026	The Wedding Singer
7/30/2026	6/15/2026	Charlie and the Chocolate Factory
8/21/2026	7/15/2026	Come From Away
10/8/2026	9/1/2026	Something Rotten
11/20/2026	10/15/2026	Santa Claus: The Musical & The Gift of Christmas

## Hard Rock Casino

Pick up will be PROMPTLY at 9:00 am in the Wal-Mart Plaza Parking Lot

Cost is: \$50 (Senior Center Member) \$60 (non-members)

\*\*all participants must be age 50 or better\*\*

### **Trip fee includes:**

Bus Fare, \$10 food voucher and \$10 Bonus Slot Play. \*\*\* First time visitors to Hard Rock will also receive an additional \$25 in Bonus Slot Play!!

<u>DATE</u>	<u>\$ DUE BY</u>
6/17/2026	6/1/2026
9/16/2026	9/1/2026

## Hollywood Casino

Pick up will be PROMPTLY at 9:00 am in the Wal-Mart Plaza Parking Lot

Cost is: \$50 (Senior Center Member) \$60 (non-members)

\*\*all participants must be age 50 or better\*\*

<u>DATE</u>	<u>\$ DUE BY</u>
5/20/2026	5/15/2026
8/12/2026	8/1/2026



## **PROGRAM / ACTIVITY HIGHLIGHT**



**Have you ever played Pickleball?  
Have you ever heard of it?  
It is a lot of fun and great exercise too!  
We play every day! Check the calendar for the  
times for both regular and beginner's classes.**

**The Senior Center has the equipment, so just  
bring yourself, tennis shoes and the  
willingness to try something new!**

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## **DEMENTIA / ALZHEIMER'S EDUCATION**



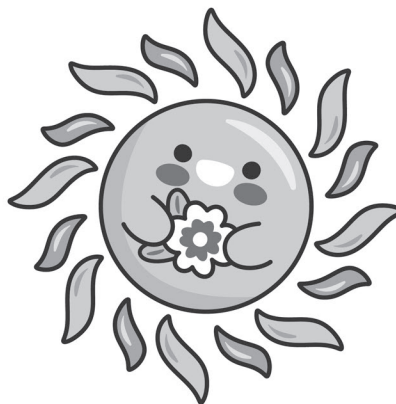
**DAYCITY**  
H O S P I C E

**We are thrilled to announce the addition of:**

### **DayCity Hospice Monthly Dementia/Alzheimer's Education Class!!!**

The first one will be on Wednesday June 17<sup>th</sup> at 1pm.  
Moving forward they will be on the 3<sup>rd</sup> Wednesday of each month.  
They will be at 1pm in the 2<sup>nd</sup> floor Conference Room.  
Susie Wilkins, RN, CDP, RN Case Manager will be presenting and  
facilitating the classes.  
If you or a loved one is living with Dementia, we invite you to come!  
No need to sign up, just come and join the conversation.

# THANK YOU TO EVERYONE THAT DONATED FOR MATCH DAY 2026!!



\* \$SAVE today

**\$3997**

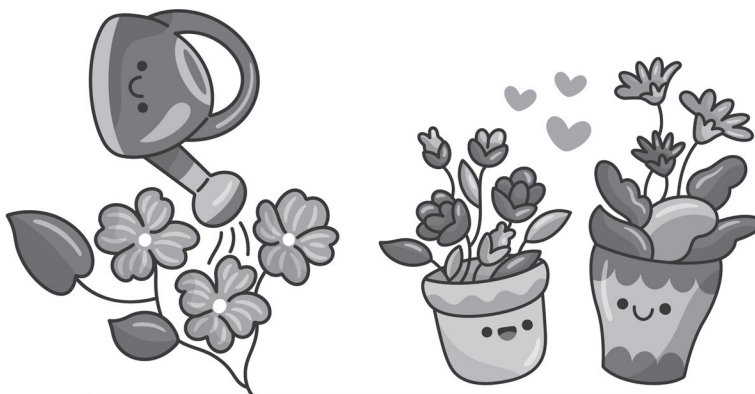
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Sun	Mon	Tue	Wed	Thu	Fri	Sat
** MAY 1 <sup>ST</sup> TRIVIA NIGHT 7PM	** MAY 8 <sup>TH</sup> CHICKEN & NOODLE DRIVE THRU FUNDRAISER 5PM					
<b>3</b>	4 9:00 CHAIR YOGA 10:00 CHOIR 11:00 ADVANCED Line Dancing 12:00 TEXAS HOLD EM 1:00 SHUFFLEBOARD, BINGO & MAH JONG TILES 3:00 PICKLEBALL 2:30 Crocheting & Knitting 5:30 MOVE N GROOVE	5 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 12:00 PINOCHLE 1:00 EUCHRE 1:00 Texas Hold Em' 4:45 - 6:45 PICKLEBALL 7:00 BID EUCHRE	<b>6 SENIOR DAY EVENT 11:30AM</b> 10:00 CROCHETING & KNITTING 10:00 Tripoley Card Game 11:00 PINOCHLE 1:00 TEXAS HOLD EM 4:45 BEGINNERS PICKLEBALL	7 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 12:00 TEXAS HOLD EM' 12:00 PINOCHLE 1:00 SHUFFLEBOARD, BINGO & MAH JONG TILES 2:30 Crocheting/Knitting 3:00 PICKLEBALL 4:45 BEGINNERS 7:00 EUCHRE	8 9:00 CHAIR YOGA 9:00 Vet's Coffee & Donuts 10:00CHOIR <b>BOARD MEETING</b> 10:00CHOIR 11:00 ADVANCED Line Dancing 12:30 BRIDGE 1:00 Euchre, Texas Hold Em' & Tripoley 1:00 PICKLEBALL 4:45 Beginners Pickleball	<b>9</b>          <b>OPEN</b> <b>8AM - NOON</b>
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	<p><b>1</b> 9 :00 CHAIR YOGA 10:00 CHOIR 11:00 ADVANCED Line Dancing 12:00 TEXAS HOLD EM 1:00 SHUFFLEBOARD, BINGO &amp; MAH JONG TILES 3:00 PICKLEBALL 2:30 Crocheting &amp; Knitting 5:30 MOVE N GROOVE</p>	<p><b>2</b> 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 12:00 PINOCHLE 1:00 EUCHRE 1:00 Texas Hold Em' 4:45 – 6:45 PICKLEBALL 7:00 BID EUCHRE</p>	<p><b>3</b> 9:00 WALK &amp; MARCH 10:00 CROCHETING &amp; KNITTING 10:00 Tripoley Card Game 11:00 PINOCHLE 1:00 TEXAS HOLD EM 1:00 PICKLEBALL 4:45 BEGINNERS PICKLEBALL</p>	<p><b>4</b> 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 12:00 TEXAS HOLD EM' 12:00 PINOCHLE 1:00 SHUFFLEBOARD, BINGO &amp; MAH JONG TILES 2:30 Crocheting/knitting 3:00 PICKLEBALL 4:45 BEGINNERS PICKLEBALL 7:00 EUCHRE</p>	<p><b>5</b> 9:00 CHAIR YOGA 9:00 Vet's Coffee &amp; Donuts <b>BOARD MEETING</b> 10:00 CHOIR 11:00 ADVANCED Line Dancing 12:30 BRIDGE 1:00 Euchre, Texas Hold Em' &amp; Tripoley 1:00 PICKLEBALL 4:45 Beginners Pickleball</p>	<p><b>6</b>  <b>OPEN</b> <b>8AM - NOON</b></p>
	<p><b>7</b> 9 :00 CHAIR YOGA 10:00 CHOIR 11:00 ADVANCED Line Dancing 12:00 TEXAS HOLD EM 1:00 SHUFFLEBOARD, BINGO &amp; MAH JONG TILES 3:00 PICKLEBALL 2:30 Crocheting &amp; Knitting 5:30 MOVE N GROOVE</p>	<p><b>9</b> 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 11:30 <b>CARRY IN</b> 12:00 PINOCHLE 1:00 EUCHRE 1:00 Texas Hold Em' 4:45 – 6:45 PICKLEBALL 7:00 BID EUCHRE</p>	<p><b>10</b> 9:00 WALK &amp; MARCH 10:00 CROCHETING &amp; KNITTING 10:00 Tripoley Card Game 11:00 PINOCHLE 1:00 TEXAS HOLD EM 1:00 PICKLEBALL 4:45 BEGINNERS PICKLEBALL</p>	<p><b>11</b> 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 12:00 TEXAS HOLD EM' 12:00 PINOCHLE 1:00 SHUFFLEBOARD, BINGO &amp; MAH JONG TILES 2:30 Crocheting/knitting 3:00 PICKLEBALL 4:45 BEGINNERS PICKLEBALL 7:00 EUCHRE</p>	<p><b>12</b> 9:00 CHAIR YOGA 9:00 Vet's Coffee &amp; Donuts 10:00CHOIR 11:00 ADVANCED Line Dancing 12:30 BRIDGE 1:00 Euchre, Texas Hold Em' &amp; Tripoley 1:00 PICKLEBALL 4:45 Beginners Pickleball</p>	<p><b>13</b>  <b>OPEN</b> <b>8AM - NOON</b></p>
	<p><b>14</b> 9 :00 CHAIR YOGA 10:00 CHOIR 11:00 ADVANCED Line Dancing 12:00 TEXAS HOLD EM 1:00 SHUFFLEBOARD, BINGO &amp; MAH JONG TILES 3:00 PICKLEBALL 2:30 Crocheting &amp; Knitting 5:30 MOVE N GROOVE</p>	<p><b>16</b> 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 12:00 PINOCHLE 1:00 EUCHRE 1:00 Texas Hold Em' 4:45 – 6:45 PICKLEBALL 7:00 BID EUCHRE</p>	<p><b>17</b> 9:00 WALK &amp; MARCH 10:00 CROCHETING &amp; KNITTING 10:00 Tripoley Card Game 11:00 PINOCHLE 1:00 TEXAS HOLD EM 1:00 PICKLEBALL 4:45 BEGINNERS PICKLEBALL</p>	<p><b>18</b> 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 12:00 TEXAS HOLD EM' 12:00 PINOCHLE 1:00 SHUFFLEBOARD, BINGO &amp; MAH JONG TILES 2:30 Crocheting/knitting 3:00 PICKLEBALL 4:45 BEGINNERS PICKLEBALL 7:00 EUCHRE</p>	<p><b>19</b> 9:00 CHAIR YOGA 9:00 Vet's Coffee &amp; Donuts 10:00CHOIR 11:00 ADVANCED Line Dancing 12:30 BRIDGE 1:00 Euchre, Texas Hold Em' &amp; Tripoley 1:00 PICKLEBALL 4:45 Beginners Pickleball</p>	<p><b>20</b>  <b>OPEN</b> <b>8AM - NOON</b></p>
	<p><b>21</b> 9 :00 CHAIR YOGA 10:00 CHOIR 11:00 ADVANCED Line Dancing 12:00 TEXAS HOLD EM 1:00 SHUFFLEBOARD, BINGO &amp; MAH JONG TILES 3:00 PICKLEBALL 2:30 Crocheting &amp; Knitting 5:30 MOVE N GROOVE</p>	<p><b>23</b> 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 11:30 <b>Health Luncheon</b> 12:00 PINOCHLE 1:00 EUCHRE 1:00 Texas Hold Em' 4:45 – 6:45 PICKLEBALL 7:00 BID EUCHRE</p>	<p><b>24</b> <b>BLOOD DRIVE</b> <b>10AM – 4PM</b> 10:00 CROCHETING &amp; KNITTING 10:00 Tripoley Card Game 11:00 PINOCHLE 1:00 TEXAS HOLD EM</p>	<p><b>25</b> 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 12:00 TEXAS HOLD EM' 12:00 PINOCHLE 1:00 SHUFFLEBOARD, BINGO &amp; MAH JONG TILES 2:30 Crocheting/knitting 3:00 PICKLEBALL 4:45 BEGINNERS PICKLEBALL 7:00 EUCHRE</p>	<p><b>26</b> 9:00 CHAIR YOGA 9:00 Vet's Coffee &amp; Donuts 10:00CHOIR 11:00 ADVANCED Line Dancing 12:30 BRIDGE 1:00 Euchre, Texas Hold Em' &amp; Tripoley 1:00 PICKLEBALL 4:45 Beginners Pickleball</p>	<p><b>27</b>  <b>OPEN</b> <b>8AM - NOON</b></p>
	<p><b>28</b> 9 :00 CHAIR YOGA 10:00 CHOIR 11:00 ADVANCED Line Dancing 12:00 TEXAS HOLD EM 1:00 SHUFFLEBOARD, BINGO &amp; MAH JONG TILES 3:00 PICKLEBALL 2:30 Crocheting &amp; Knitting 5:30 MOVE N GROOVE</p>	<p><b>30</b> 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 12:00 PINOCHLE 1:00 EUCHRE 1:00 Texas Hold Em' 4:45 – 6:45 PICKLEBALL 7:00 BID EUCHRE</p>	<p><b>** AQUA AEROBICS 6/15/26 – 7/24/26 M, W, F 11 AM</b> <b>** SPONSORED BY: THE LANDINGS OF SIDNEY</b> <b>** SIGN UP BEGINS JUNE 1<sup>ST</sup>.</b></p>			

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For pricing and availability call between 8am & 4pm Monday – Friday and talk to Rachel.

\*\*\*\*\*

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