

SENIOR *Center* OF SIDNEY-SHELBY COUNTY

Open Weekdays: 8:00 a.m. - 7:00 p.m. Saturdays 8-12

304 S. West Avenue

Phone: (937) 492-5266

Sidney, OH 45365

NEWSLETTER

March & April

Vol. 28, No. 2



It's Spring Card Party Time!!!

Our annual Card Party will be on Wednesday April 30, 2025
Doors will open at 12:30 and the card games will be held from 1:00 pm until 4:00 pm.

This event is **OPEN TO THE PUBLIC**
and will feature card games of your choice, raffle drawings, 50/50 drawing and refreshments. Tickets will go on sale at the center on April 1st!
Invite a friend, neighbor or family member to come with you, it's always a good time!

**We have included in this newsletter, raffle tickets for the Card Party.
We appreciate your support.**

From your Executive Director:

Spring is in the air!!!! I don't know about you, but I am happy to see winter leave! The extremely cold temps were not fun!

As we head into spring we are excited about our Card Party, the return of our Euchre Tournaments and Friday Fun Night Trivia! We also have some great speakers lined up for our Health Luncheon, Lunch & Learn and Carry-In Luncheons. We have also added a 50/50 drawing to the monthly Carry-In in hopes of getting more people to attend. The Carry-In is a lot of fun, has great food and now you will have a chance to win not only the attendance prize (\$25 Gift Card to Wal-Mart) and/or the 50/50 drawing! I hope to see more of you attend!

The Shelby Awards will be coming up in May. This is where we award and recognize an Outstanding Senior Citizen of Shelby County each year. Applications will be coming out soon so watch the Senior Center Bulletin Board and Facebook page for details.

Until I see you at the Center, Have a Blessed Day!

Rachel Hale
Executive Director



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From your Board President:

Wishing everyone a Healthy, Happy and Wiser New Year! Our goal is to have a safe place where people feel safe, comfortable and be able to enjoy friendships, and have some entertainment, social and physical events along the way.

We are inviting you to attend our monthly Carry-In luncheon and see how the Center is being utilized daily, and see the various programs that are always being added such as Health and Awareness events being provided by our local community agencies free to our members. We have a strong community committed to the growth and well-being of our seniors. You usually just need to “sign” up for the event.

Also, The Board and I would like to say “THANK YOU” to all those who donated towards the 2024 Community Foundation Match Day event. You help to raise over \$1.1 Million to be distributed within Shelby County. The Senior Center of Shelby-Shelby County was awarded, \$46,700. “Thank You”, “Thank You” for your generosity. This helps the Center to be able to upgrade and add more programs to serve you and our community.

Invite your family and friends to come down and check out The Center..... Sidney’s best kept secret for those over 50 Quickly becoming a household name!

“Pay it forward” “Let’s keep this theme happening - Even if just a smile

**SHELIA NUSS
PRESIDENT**



WE'RE WITH YOU

TODAY, AND ALWAYS.

Wilson Health offers a full range of home care and hospice services. Our staff is cross trained to make a seamless transition for the patient and family into hospice when needed.

Founded in 1984, Wilson Health Home Care and Hospice is an independent, nonprofit agency serving our patients for nearly 40 years!

For more information, call us at **(937) 498-9335** or visit **wilsonhealth.org**.

 **WILSON HEALTH**
Home Care & Hospice

HEADLINE NEWS!! CHECK IT OUT!!

MONTHLY BILLIARD TOURNAMENT

The tournament is the last Friday of each month at **10:00am**. Senior Center House Rules will apply for the tournaments only. Come down and join in on the fun and a chance to win the bragging rights for the month!

January's winner was: Bruce Bradley Runner up was: Bob Zumberger

2024 BILLIARD TOURNAMENT OF CHAMPIONS WINNER:

Congratulations to Bruce Bradley, our 2024 Billiard Champion and Duane Stewart, our 2024 Billiard Runner up.

CARRY IN MEETING WINNERS:

Attendance prize winner for December was Ken Gehret and January was Deb VanDine.

Both winners received a \$25 Gift Card to Wal-Mart!

Come to the next carry in and see if you're the next lucky winner! March 11th and April 8th are the next ones, we hope to see you there!

March 11th entertainment will be: Bill Purk, The Banjo Man! Entrée will be: Meat Lasagna

April 8th guest speaker will be: Rikki Gerodimos from the Emergency Management Services.

Entrée will be: Baked Ham

HOLIDAY CLOSING:

We will be closing at noon on Good Friday, April 18th

FRIDAY FUN NIGHT TRIVIA:

Join us on Friday March 7th and April 4th @ 7pm for a night of trivia, fun, laughter and snacks!

This event is FREE and open to the public age 50 or better! Invite your friends, neighbors and family.

ST. PATTY'S DANCE:

Bust out your green and join us for the Annual St. Patty's Dance on Friday March 14th @ 7pm.

Doors will open at 6:30pm. This is FREE and open to the public age 50 or better so invite your friends! It is sure to be a night of fun, laughter and good times!

EUCHRE TOURNAMENT:

Join us on Friday March 21st at 1pm for an afternoon of cards and fun! There is no buy in to pay and there will be prizes to the top 3 players!

ALLENBAUGH INSURANCE BID EUCHRE TOURNAMENT:

Join us on Friday April 11th @ 1pm for an afternoon of fun and prizes! The game will be Bid Euchre and the cost is \$0.00 to play! This is sponsored by Allenbaugh Insurance and they will be provided prizes to the top 3 players!

AARP TAX PREPARATION:

You can still schedule appointments for a FREE tax preparation with AARP by calling the center and Liz can help you. Appointments are on Tuesdays and Wednesdays 9am – 4pm now thru the first week of April.



Congratulations to our 2024 Live Healthy/Get Active winners!

Steve Schroeder logged 840.50 Miles and Jackie Shropshire logged 466.75 Hours!

Thank you to Wilson Health for partnering with us for this awesome program!

Thanks to Jenny Huelskamp for presenting our winners with their awards and goodie bags! It's not too late to sign up for this year's program!!





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BE IN THE "KNOW" WITH WHAT'S HAPPENING

CERTIFIED PERSONAL TRAINER:

We ask that before you use our exercise room and equipment for the first time you meet with a personal trainer. Laura's hours are: Monday and Tuesday mornings 8:15 – 9:15 am and Tuesday evening 6:15 – 7:00 PM

ON FACEBOOK:

Check us out on Facebook, Senior Center of Sidney/Shelby County. Help us spread the word by following these 4 steps: **1.) FIND US 2.) LIKE US 3.) FOLLOW US 4.) SHARE OUR POSTS!** It will go a long way in getting our information out to the public. You will also get up to date information on whenever we are delayed or closed.

RENTAL OF OUR BUILDING: Are you or someone you know interested in renting the building? Please call Rachel Hale (Executive Director) at (937) 492-5266.

BLOOD DRIVE:

The next one will be Wednesday April 23rd 10am – 4pm.
You can schedule online at www.donortime.com or call Rachel at the Center and she can get you on the list.



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NOMINATIONS AND ELECTION OF OFFICERS FOR THE 2025 - 2026 BOARD OF TRUSTEES

The Nomination Committee will be presenting their nominations to the Senior Center Board of Trustees at the March 7th Board meeting.

They will then read them onto the floor at the March 11th Carry In member meeting. At this time nominations can be made from the floor. If you are planning on nominating someone from the floor please be sure that they are there to accept the nomination.

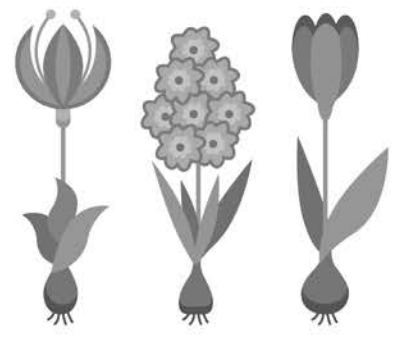
Voting ballots will be mailed out with the May/June Newsletter. Ballots will be counted at the June 10th Carry In member meeting.

The following officers are open for nominations:

- (3) Trustees – 3-year terms
- (2) Trustees – 1-year terms

Office duties/responsibilities may be found in the Code of Regulations located outside the offices on the bulletin board.

The Nominating Committee members are: Carolyn Warner, Francie O'Leary and Janis First



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MONTHLY REMINDERS FOR: MARCH & APRIL

BOARD MEETINGS:


The Senior Center Board of Directors meetings are:
Friday March 7th and Friday April 4th at 9am.
All are welcome at the Monthly Board meetings.

LUNCH & LEARN:

Join us on Tuesday March 25th at 11:30am. Our guest speaker will be: Ted from the Miami Valley Veterans Museum. Please sign up at the front desk to ensure your spot for a FREE lunch.

HEALTH LUNCHEON:

Join us on Tuesday April 22nd at 11:30am. Our guest speaker will be Brandi from B-Cares Home Health. Please sign up at the front desk to ensure your spot for a FREE lunch.



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WEEKLY SCHEDULE

SENIOR CENTER SINGERS: Monday & Friday 10 a.m.

BINGO: Monday and Thursday at 1:00 p.m.

MAH JONG: Monday and Thursday 1:00 p.m.

SHUFFLEBOARD: Monday and Thursday 1:00 p.m.

PICKLEBALL: Mon. & Thurs. at 3 p.m., Tues. at 4:45 p.m. Wed. & Fri. at 1:00 p.m.
Beginners Level only: Wednesday, Thursday & Friday 4:45 p.m.

CHAIR EXERCISE: Tuesday and Thursday at 9:00 a.m.

MOVE N GROOVE: Tuesday and Thursday at 10:00 a.m. Mondays at 5:30 p.m.

LINE DANCING: Tuesday and Thursday at 11:00 a.m.

ADVANCED LINE DANCING: Monday and Friday at 11:00 a.m.

CHAIR YOGA: Monday & Friday 9 a.m.

EUCHRE: Tuesday and Friday at 1:00 p.m. Thursday evening at 7:00 p.m.

BID EUCHRE: Tuesday at 7:00 p.m.

TEXAS HOLD EM: Monday & Thursday at noon, Tuesday, Wednesday & Friday at 1 p.m.

PINOCHLE: Tuesdays & Thursdays noon – 3:00 p.m. & Wednesday 11:00 – 3 p.m.

BRIDGE: Friday at 12:30 p.m.

KNITTING/CROCHETING GROUP: Wednesday at 10 a.m. Monday & Thursday 2:30 p.m.

BILLIARDS: Tournaments are held on the last Friday of the month at 10:00 a.m.

VET'S COFFEE & DONUTS: Friday 9 a.m. – 11 a.m.

WALK & MARCH: Wednesday 10 a.m.

TRIPOLY CARD GAME: Wednesday 10 a.m., Friday 1 p.m.



CARD PARTY RAFFLE

TICKETS ARE \$1 EACH OR 6 TICKETS FOR \$5

PLEASE CUT OUT, FILL OUT AND SEND INTO THE SENIOR CENTER.

WE THANK YOU FOR YOUR SUPPORT!



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As we went to print for this edition we currently have a variety of prizes, including but not limited to:

Cash, Gift Cards and much much more!

The prize list will be updated and displayed on the bulletin board at the Senior Center as well as periodically on our Facebook page.

This fund raiser is one of our biggest and we thank you for your support!



FUNDRAISING OPPORTUNITIES

There are many different ways that the Center raises money that you might not know about. If you would like to help out or get involved with any of these, let the staff know and we will be happy to answer any questions.

1.) Monthly Basket Raffle: Watch for these to be up at the front desk. Each chance is \$2 and the retail value on the baskets are typically around \$75. Each basket has a theme and also includes up to \$50 in gift cards to area restaurants and/or stores.

2.) Jingle Jangle Jar: Unload your coins, drop off your paper money, we take it all! Every little bit helps.

3.) Aluminum Cans: If you have cans piling up we take them! Crushed or not, we accept them and take them in for redemption. Just drop them in the back hall or in the ground floor kitchen, please let an employee know.

4.) Here is a new and exciting way to support the Senior Center!

Check out our on-line store at:

<https://www.bonfire.com/store/senior-center-of-sidney-shelby-county-ohio/>

**** If you are unable to order online, please see Rachel to place an order thru the Senior Center. ****

We are offering 2 different t-shirt designs. Pickleball and Are you 50 or better. There is also a choice of a long sleeve t-shirt as well as a nice warm and comfy sweatshirt.

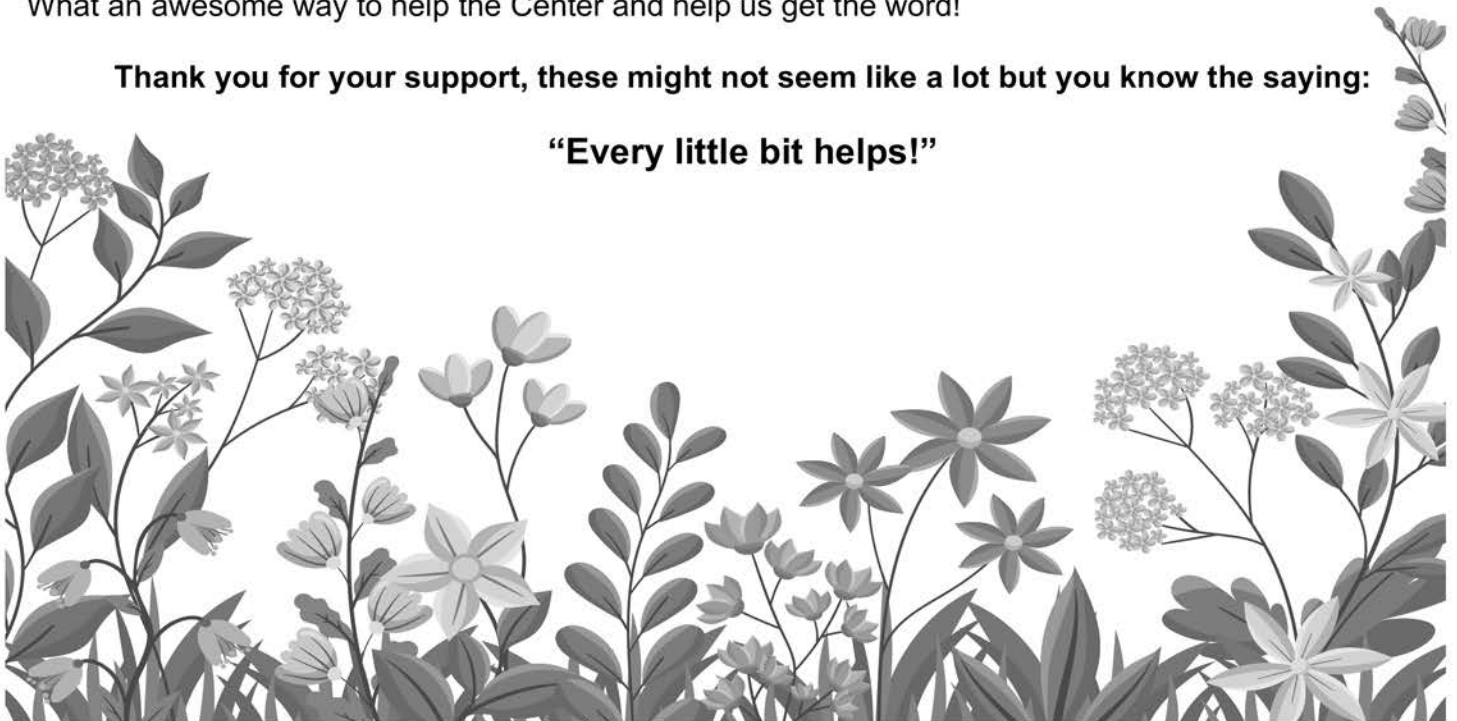
Prices are:

T-Shirts	\$30
Long Sleeve T-shirt	\$35
Sweatshirt	\$40

The Senior Center profits between \$6 and \$8 per item ordered and they come directly to you! What an awesome way to help the Center and help us get the word!

Thank you for your support, these might not seem like a lot but you know the saying:

“Every little bit helps!”





THANK YOU!!

ADRIENNE FORTKAMP AND ERIC SHOEMAKER WITH OHIO LIVING DOROHTY LOVE FOR PROVIDED OUR CARRY IN LUNCHEON ENTRÉE IN JANUARY.

OUR GUEST SPEAKER WAS OFFICER STEWART WITH THE CITY OF SIDNEY POLICE DEPARTMENT. HE SHARED A WIDE VARIETY OF GREAT INFORMATION TO HELP US ALL BE SAFER AND MORE AWARE OF SCAMS.



March 2025							Apr 2025 ▶
◀ Feb 2025	Mon	Tue	Wed	Thu	Fri	Sat	Sun
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THANK YOU!!

We would like to thank all of our newsletter advertisers. When you visit any of these establishments, please tell them you saw their ad in our newsletter and thank them for supporting the Senior Center of Sidney-Shelby County.

The City of Sidney Parks Department for providing wonderful service of our building, all the snow removal, lawn mowing and much more!

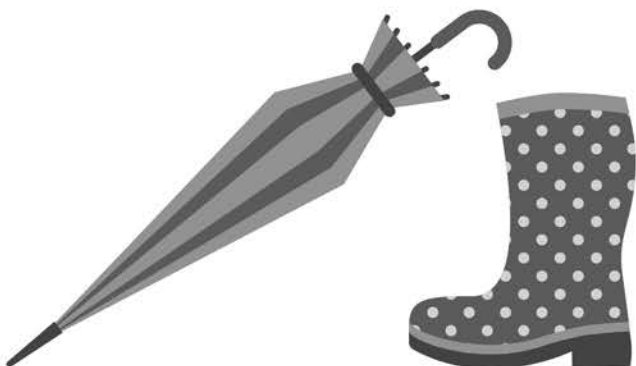
Many of our programs could not happen if not for the following sponsors:

BINGO: Affinity Care, Ayden Healthcare, The Landings, Medicare Resource, Momentous, Stormer Insurance and Wilson Health.


LUNCH & LEARN: Fish Thrift Store

HEALTH LUNCHEON: B-Cares Home Health

CARRY IN ENTRÉE: Ohio Living Dorothy Love



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