

# SENIOR *Center* OF SIDNEY-SHELBY COUNTY

Open Weekdays: 8:00 a.m. – 7:00 p.m. Saturday 8-12  
Phone: (937) 492-5266

304 S. West Avenue  
Sidney, OH 45365

NEWSLETTER

May & June 2024

Vol. 27, No. 3

## *Senior Citizens Day*



### **The Shelby Awards return!!!**

We will once again celebrate an Outstanding Senior Citizen and Organization. Advance registration is required with limited space available. Cost is \$5.00. Tickets are on sale now. Don't wait, get yours now!

Doors open at 4:30pm  
Welcome & Dinner served at 5:00 pm  
Entertainment & Awards immediately following.

**From your Executive Director:**

I hope everyone had a wonderful Easter holiday!

We have a lot of events coming up in May and June with a few of them being new ones! Our first Stormer Insurance Euchre Tournament was a great success in March and he is back again on Friday May 10<sup>th</sup>! There is also a delicious “Miss Vickie” prepared Chicken and Noodle drive thru fundraiser on the same day as the Euchre Tournament.

These are just a few new and exciting events. Be sure to read all about the others in this edition. It is our goal to keep things interesting while providing programming that will educate and entertain.

Until I see you at the Center, Have a Blessed Day!

*Rachel Hale*  
*Executive Director*



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*From your Board President:*

As I prepare for this newsletter, a lot has been happening weather-wise and we have experienced the 2024 Eclipse. I hope that everyone enjoyed the experience. We continue to grow our membership at the Center and if you have not yet renewed, stop into the Center and the staff can help you.

Our annual Card Party will be help on April 24<sup>th</sup>. Come for the food, games, drawings and just great fun. We will be hosting the Are Agency on Aging’s Senior of the Year on May 21<sup>st</sup> with Happy Hour at 4:30, dinner at 5:30pm, entertainment will be Ms. Janie Stewart playing her dulcimer. I hope that you will come and enjoy. Please read the newsletter and explore the various activities the Center has to offer, and don’t forget to follow us on Facebook for other activities.

One more thing, the Center does collect aluminum cans as a small fundraiser. Just another small way to help out!

REMINDER: If you are a Veteran or know a Veteran that is 50 or better, we invite you to the Veteran’s Coffee Donuts and Camaraderie program every Friday at 9am. This event is open to the public, you don’t need to be a member to come share some great food and fellowship. WE are honored to honor our Veterans!

“An act of kindness, no matter how small, is ever wasted.” - Aesop

**SHELIA NUSS  
PRESIDENT**



**Michael Jannides  
President**

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# ***HEADLINE NEWS!! CHECK IT OUT!!***

\*\*\*\*\*

## **MILESTONE RAFFLE:**

The winner for February was: Gloria Scherer of Sidney, the winner for March was: Janis First from Sidney. Due to the decline in ticket sales over the last 3 years, the Board of Trustees has decided to discontinue this year-round fundraiser when this cycle ends in June 2024. Thank you to everyone that has supported this endeavor over the years. We will be brainstorming for another option so stay tuned to our Facebook page for updates!

## **MONTHLY BILLIARD TOURNAMENT**

February's winner was Bruce Bradley with runner up Roger Markley  
March's winner was Bruce Bradley with runner up Tim Yinger  
The tournament is the last Friday of each month at **10:00am**. Come down and join in on the fun and a chance to win the bragging rights for the month!

## **CARRY IN MEETING WINNERS:**

February's winner of a \$25 Bob Evans gift card was Jean Borgert.  
March's winner of a \$25 Walmart gift card was: Jackie Shropshire!  
Come down to the Carry In's the first Tuesday of the month and see if you will be the lucky winner!

## **HOLIDAY CLOSING:**

We will be closed on Monday May 27th for Memorial Day.

## **AQUA AEROBICS:**

We would like to thank *The Landings of Sidney* for sponsoring this year!!  
Classes will be on Mondays, Wednesdays and Fridays at the City of Sidney Pool at 11am beginning on Monday June 17<sup>th</sup> and continuing through Friday July 26<sup>th</sup>.  
**Sign up begins on Monday June 3<sup>rd</sup> at 8am.** Only 25 spots available.



# BE IN THE "KNOW" WITH WHAT'S HAPPENING

\*\*\*\*\*

## CERTIFIED PERSONAL TRAINER:

We ask that before you use our exercise room and equipment for the first time you meet with a personal trainer. Laura's hours are: Monday and Tuesday mornings 8:15 – 9:15 am

## ON FACEBOOK:

Check us out on Facebook, Senior Center of Sidney/Shelby County. Help us spread the word by following these 4 steps: 1.) **FIND US** 2.) **LIKE US** 3.) **FOLLOW US** 4.) **SHARE OUR POSTS!** It will go a long way in getting our information out to the public. You will also get up to date information on whenever we are delayed or closed.

**RENTAL OF OUR BUILDING:** Are you or someone you know interested in renting the building? Please call Rachel Hale (Executive Director) at (937) 492-5266.

## BLOOD DRIVE:

The next ones will be Wednesday May 1<sup>st</sup> and Wednesday June 26<sup>th</sup>.

If you need help scheduling an appointment call Rachel and she can handle it for you.

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## BOARD OF TRUSTEES NOMINATIONS / ELECTION

President            Shelia Nuss  
2 year term expires 6/2026

Vice-President            Steve Schroeder  
2 year term expires 6/2026

Secretary            Pam Cox  
2 year term expires 6/2026

Steve Wiford  
3 year term expires on 6/2027

Trustee            Maggie Wiley  
2 year term expires 6/2027

\*\* There is one Trustee Position that is open  
and will be appointed in July 2024\*\*

Their election to office will be confirmed at the Monthly Carry-In Luncheon  
on Tuesday June 11, 2024.



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# Euchre

## tournament

Friday May 10th at 1pm

Sign up at front desk before May 9th.

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# MONTHLY REMINDERS FOR: May & June

## BOARD MEETINGS:

The Senior Center Board of Directors meetings are:

May 3<sup>rd</sup> and June 7<sup>th</sup> at 9am.

All are welcome at the Monthly Board meetings. Please join us and hear all of the Senior Center news and discussions.

## LUNCH & LEARN:

Tuesday May 28, 2024 at 11:30am

Speaker to be announced. Watch our Facebook page and check the bulletin board at the Center for more information.

## HEALTH LUNCHEON:

Tuesday June 25<sup>th</sup> at 11:30am. Our sponsor is Wilson Health. Speaker to be determined. Watch our Facebook page and check the bulletin board at the Center for more information.



## **Chicken & Noodle Drive Thru Fundraiser**

**Friday May 10, 2024**

Menu includes:  
**Chicken & Noodles**  
**Mashed Potatoes**  
**Green Beans**  
**Bread/Butter**  
**Cookie**



**OPERATION  
HOURS**  
**5PM - 7PM**



**PAYMENT**  
**CASH ONLY**  
**\$10.00**





WILSON HEALTH

## STROKE AWARENESS EVENT

May is Stroke Awareness Month  
Join us for a Stroke Awareness Event!

**May 7, 2024**  
**9 a.m. - 11 a.m.**

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*Wilson Health will be offering:*

- Carotid Artery Screens
- Medical experts on sight to answer questions
- Blood Pressure checks

# WEEKLY SCHEDULE

**SENIOR CENTER SINGERS:** Monday & Friday 10am

**BINGO:** Monday and Thursday at 1:00 p.m.

**MAH JONG:** Monday and Friday 1:00 p.m.

**SHUFFLEBOARD:** Monday and Thursday 1:00 p.m.

**PICKLEBALL:** Mon. & Thurs. at 3pm, Tues. at 4:45 p.m. Wed. & Fri. at 1:00 p.m.  
Beginners Level only: Wednesday, Thursday & Friday 4:45pm

**CHAIR EXERCISE:** Tuesday and Thursday at 9:00 a.m.

**MOVE N GROOVE:** Tuesday and Thursday at 10:00 a.m. Mondays at 5:30 p.m.

**LINE DANCING:** Tuesday and Thursday at 11:00 a.m.

**ADVANCED LINE DANCING:** Monday and Friday at 11:00 a.m.

**CHAIR VOLLEYBALL:** Wednesday at 10:00 a.m. and Saturday 10:00 till 11:30 a.m.

**CHAIR YOGA:** Monday & Friday 9am

**EUCHRE:** Tuesday and Friday at 1:00 p.m. Thursday evening at 7:00 p.m.

**BID EUCHRE:** Tuesday at 7:00 p.m.

**TEXAS HOLD EM':** Monday & Thursday at noon, Tuesday, Wednesday & Friday at 1pm

**PINOCHLE:** Tuesdays & Thursdays noon – 3:00 p.m. & Wednesday 11:00 – 3 p.m.

**BRIDGE:** Friday at 12:30 p.m.

**KNITTING/CROCHETING GROUP:** Wednesday at 10 a.m. Monday & Thursday 2:30 p.m.

**BILLIARDS:** Tournaments are held on the last Friday of the month at 10:00 a.m.

**VET'S COFFEE & DONUTS:** Friday 9am – 11am





Fun was had by all at the March 15<sup>th</sup>  
St. Patty Dance!



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# OLDER AMERICANS MONTH



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POWERED BY CONNECTION: MAY 2024



## “The Shelby Awards”



Senior Day in May Event

When: Tuesday May 21, 2024 at 5:30pm

Cost: \$5.00 per person  
(Tickets are available at the Senior Center)

Awards will be given to the Outstanding Senior of the Year and the Outstanding Organization of the Year.

You will be able to vote for your winners in several categories such as: Best laugh, Best Sense of Humor, etc.

Doors will open at 4:30pm  
Welcome and Dinner served at 5:30pm



HOSTS:

# HEALTHY AGING

## EDUCATION SESSION & LUNCHEON

**WHAT:** Information about services provided by the Shelby County DJFS will be presented

**WHEN:** Wednesday, May 22, 2024 at 10:30am

**WHERE:** Senior Center of Sidney-Shelby County  
304 S. West Ave. Sidney, OH 45365

**RSVP:** Please call Jill Thompson at 937-497-2810

Lunch will be provided following the presentation.

\*If you are unable to attend this session, another session will be held Wednesday, September 18th, with lunch following the session.





Congratulations to the Stormal Insurance Euchre Tournament Winners in March! Jackie Meyers, Janet Koverman and Doshia Robbs! \*\* Signup for the next tournament on May 10<sup>th</sup>!!

## SPECIAL EVENT IN MAY

### LOOPS & THREADS KNITTING CLASS:

Thursday May 16, 2024 at 2:30pm. Bring your own skein of Loops & Threads brand of yarn and learn how to make a baby blanket or lap blanket. This is a fun and easy project and great for beginners. We hope to see you here!



# THANK YOU!!!

We would like to thank all of our newsletter advertisers. When you visit any of these establishments, please tell them you saw their ad in our newsletter and thank them for supporting the Senior Center of Sidney-Shelby County.

The City of Sidney Parks Department for providing wonderful service of our building, all the snow removal, lawn mowing and much more!


A huge thank you to Vice-President Steve Schroeder for single handedly crushing all the aluminum cans that are dropped off. We appreciate his time and dedication!!

## Many of our programs could not happen if not for the following sponsors:

**BINGO:** Affinity, The Landings of Sidney, Medicare Resource, Momentous Health Care, Stormer Insurance, Ohio Living Home Health & Wilson Health.

**CARRY IN ENTRÉE':** Ohio Living Dorothy Love

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## FUNDRAISING OPPORTUNITIES

There are many different ways that the Center raises money that you might not know about. If you would like to help out or get involved with any of these, let the staff know and we will be happy to answer any questions.

**1.) Aluminum Cans:** Got cans that have built up? Need someplace to get rid of them? We take them! No matter if they are crushed or not, we take them. Drop them off in the back hallway or let a staff member know and they can help you get them inside.

**2.) Monthly Basket Raffle:** Each month a gift basket containing various items unique to the time of year will be up front by the desk. For a \$2.00 donation, you can pick your favorite number. Once all the numbers are bought, we will draw the lucky winner!!! If you have questions, ask Liz and she will help you out.

**3.) Jingle Jangle Jar:** Do you hate wrapping coins? We love it!!! Drop your spare change (or even paper money) into the jar and support the Center. Every little bit counts!

Thank you for your support, these might not seem like a lot but you know the saying: "Every little bit helps!"

SPRING



May 2024						Jun 2024 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
◀ Apr 2024						
**Drive Thru Chicken & Noodle Fundraiser May 10 <sup>th</sup> 5-7pm		** Sign up for the Healthy Aging event and luncheon before May 17th	1 10:00 CROCHETING & KNITTING <b>BLOOD DRIVE</b> 10AM – 4PM	2 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 12:00 TEXAS HOLD EM' 12:00 PINOCHLE 1:00 SHUFFLEBOARD, BINGO 2:30 Crocheting & Knitting 7:00 EUCHRE	3 9:00 CHAIR YOGA 9:00 Vet's Coffee & Donuts 9:00 Board Meeting 10:00CHOIR 11:00 ADVANCED Line Dancing 12:30 BRIDGE 1:00 Euchre & Texas Hold Em' 1:00 PICKLEBALL 4:45 Beginners Pickleball	4 10:00 – 11:30 CHAIR V-BALL
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26	27 <b>CLOSED</b> <b>MEMORIAL DAY</b>	28 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 11:30 LUNCH & LEARN 12:00 PINOCHLE 1:00 EUCHRE 1:00 Texas Hold Em' 4:45 – 6:45 PICKLEBALL 7:00 BID EUCHRE	29 10:00 CROCHETING & KNITTING 10:00 CHAIR V-BALL 11:00 PINOCHLE 1:00 TEXAS HOLD EM 1:00 PICKLEBALL 4:45 BEGINNERS PICKLEBALL	30 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 12:00 TEXAS HOLD EM' 12:00 PINOCHLE 1:00 SHUFFLEBOARD, BINGO 3:00 PICKLEBALL 2:30 Crocheting & Knitting 7:00 EUCHRE	31 9:00 CHAIR YOGA 9:00 Vet's Coffee & Donuts 10:00CHOIR 11:00 ADVANCED Line Dancing 12:30 BRIDGE 1:00 Euchre & Texas Hold Em' 1:00 PICKLEBALL 4:45 Beginners Pickleball	

◀ May 2024		June 2024						Jul 2024 ▶	
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9	10 9:00 CHAIR YOGA 11:00 ADVANCED Line Dancing 12:00 TEXAS HOLD EM 1:00 SHUFFLEBOARD, BINGO & MAH JONG TILES 3:00 PICKLEBALL 2:30 Crocheting & Knitting 5:30 MOVE N GROOVE	11 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 11:30 CARRY IN 12:00 PINOCHLE 1:00 EUCHRE 1:00 Texas Hold Em' 4:45 – 6:45 PICKLEBALL 7:00 BID EUCHRE	12 10:00 CROCHETING & KNITTING 10:00 CHAIR V-BALL 11:00 PINOCHLE 1:00 TEXAS HOLD EM 1:00 PICKLEBALL 4:45 BEGINNERS PICKLEBALL	13 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 12:00 TEXAS HOLD EM' 1:00 PINOCHLE 1:00 SHUFFLEBOARD, & BINGO 3:00 PICKLEBALL 2:30 Crocheting & Knitting 7:00 EUCHRE	14 9:00 CHAIR YOGA 9:00 Vet's Coffee & Donuts 10:00CHOIR 11:00 ADVANCED Line Dancing 12:30 BRIDGE 1:00 Euchre & Texas Hold Em' 1:00 PICKLEBALL	15 10:00 – 11:30 CHAIR V-BALL			
16	17 9:00 CHAIR YOGA 11:00 ADVANCED Line Dancing 12:00 TEXAS HOLD EM 1:00 SHUFFLEBOARD, BINGO & MAH JONG TILES 3:00 PICKLEBALL 2:30 Crocheting & Knitting 5:30 MOVE N GROOVE	18 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 12:00 PINOCHLE 1:00 EUCHRE 1:00 Texas Hold Em' 4:45 – 6:45 PICKLEBALL 7:00 BID EUCHRE	19 10:00 CROCHETING & KNITTING 10:00 CHAIR V-BALL 11:00 PINOCHLE 1:00 TEXAS HOLD EM 1:00 PICKLEBALL 4:45 BEGINNERS PICKLEBALL	20 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 12:00 TEXAS HOLD EM' 1:00 PINOCHLE 1:00 SHUFFLEBOARD, & BINGO 3:00 PICKLEBALL 2:30 Crocheting & Knitting 7:00 EUCHRE	21 9:00 CHAIR YOGA 9:00 Vet's Coffee & Donuts 10:00CHOIR 11:00 ADVANCED Line Dancing 12:30 BRIDGE 1:00 Euchre & Texas Hold Em' 1:00 PICKLEBALL	22 10:00 – 11:30 CHAIR V-BALL			
23	24 9:00 CHAIR YOGA 11:00 ADVANCED Line Dancing 12:00 TEXAS HOLD EM 1:00 SHUFFLEBOARD, BINGO & MAH JONG TILES 3:00 PICKLEBALL 2:30 Crocheting & Knitting 5:30 MOVE N GROOVE	25 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 11:30 Health Luncheon 12:00 PINOCHLE 1:00 EUCHRE 1:00 Texas Hold Em' 4:45 – 6:45 PICKLEBALL 7:00 BID EUCHRE	26 10:00 CROCHETING & KNITTING BLOOD DRIVE 10AM – 4PM	27 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 12:00 TEXAS HOLD EM' 1:00 PINOCHLE 1:00 SHUFFLEBOARD, & BINGO 3:00 PICKLEBALL 2:30 Crocheting & Knitting 7:00 EUCHRE	28 9:00 CHAIR YOGA 9:00 Vet's Coffee & Donuts 10:00CHOIR 11:00 ADVANCED Line Dancing 12:30 BRIDGE 1:00 Euchre & Texas Hold Em' 1:00 PICKLEBALL	29 10:00 – 11:30 CHAIR V-BALL			
30	<b>** AQUA AEROBICS (sponsored by The Landings of Sidney) will be: Monday, Wednesday, Friday beginning 6/17/2024 and ending on 7/26/2024. 11am – noon. You may sign up beginning June 3<sup>rd</sup>. 25 spots available.</b>								



**SENIOR CENTER SIDNEY-SHELBY COUNTY  
304 SOUTH WEST AVENUE  
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