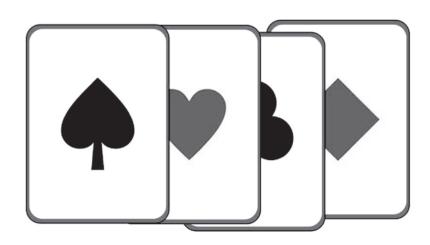


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Phone: (937) 492-5266 Sidney, OH 45365

NEWSLETTER MARCH – APRIL Vol. 27, No. 2



## It's Spring Card Party time!!!

Our annual Card Party will be on Wednesday, April 24, 2024.

Doors will open at 12:30 and the card games will be held from 1:00 pm until 4:00 pm.

#### This event is **OPEN TO THE PUBLIC**

and will feature card games of your choice, raffle drawings, 50/50 drawing and refreshments. Tickets will go on sale at the center on April 1<sup>st</sup>! Invite a friend, neighbor or family member to come with you, it's always a good time!

We have included in this newsletter, raffle tickets for the Card Party.

We appreciate your support.

### From your Executive Director:

Spring is here!!! Or at least almost! I am so ready to see the flowers blooming and to hear the birds singing!!!

We have had a busy couple of months, and the next two promise to be full of fun and lots of act vit es. Our annual Card Party (one of our biggest fundraisers) will be April 24<sup>th</sup>. We appreciate your support and all proceeds benefit the Senior Center's general fund. This helps "keep the lights on" and the fun going!

Membership is going strong with new members and renewals coming thru the doors every day. At the t me of this newsletter going to print, we are over 600 members for 2024 already! If you haven't renewed yet, please stop by or mail it in and we will be happy to send your 2024 membership card to you.

Check out the info on our spring dance, choir concerts and other great spring events and Save the Dates! Let's make 2024 even better than 2023!

Until I see you at the Center, Have a Blessed Day!

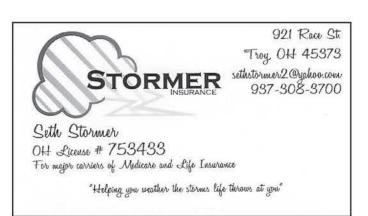


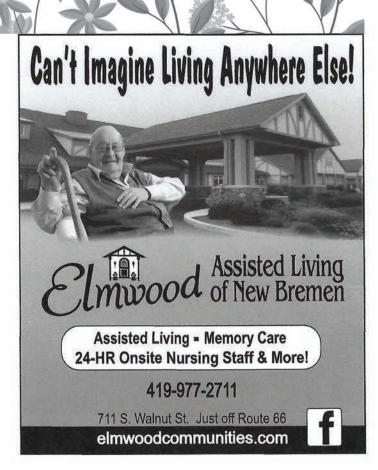
Executive Director



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Are you ready for spring yet? I am so ready.... Congratulations to everyone! We surpassed our membership goal, and couldn't have done it without the support and interests of our members for spreading the word about our great facility. The word has spread that The Senior Center offers much more than activities to our community, but also fellowship and good times. Thanks to All!!

It's that time of year... tax season, and once again AARP will be offering free tax preparation which is open to the public. Please contact Liz at the Senior Center, (937) 492-5266 to schedule an appointment.

If you are a Veteran or know of a veteran, you are invited to the Veterans' Breakfast every Friday at 9 a.m. This event is open to the public, you don't need to be a member to come share some great food and fellowship. We are honored to honor our Veterans!

Another FREE program coming up is OCAPS Elder Financial exploitation program, and lunch will be offered on February 23, 2024, from 10:00 AM – 11:AM, but you must sign up. Please check the Center's calendar for upcoming events.

Wishing you a warm Spring and Happy Easter!

Act of kindness, no matter how small, is ever wasted." — Aesop

"PAYING IT FORWARD" ..... even if it is just a smile.

### SHELIA NUSS **PRESIDENT**



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The Senior Center of Sidney-Shelby County has lost our last "Original" member, Janet Fischbach. She was hugely instrumental in the forming of the Center, and was always involved and ready to help if it benefited the Center. Please keep her family in your thoughts and prayers.

Janet C. Fischbach, 93, of Sidney, passed away Tuesday, January 16, 2023, at Wilson Health, Sidney. She was born May 5, 1930, in Dayton, Ohio, to the late Eugene Flohre and Winifred (Trubee) Flohre.

She married Merlin Fischbach on July 20, 1948, and he preceded her in death September 3, 1990. She is also preceded in death by brothers; Eugene and Herman Flohre, sister, Patricia Dickey and daughter-in-law Carol Fischbach.

Janet is survived by children; Kathy Otting of Safety Harbor, Florida, Michael Fischbach of Sidney, Jerry Fischbach of New Bremen, Andy (Brenda) Fischbach of Sidney, Lori Wilson of Wapakoneta, 13 grandchildren, 23 great-grandchildren and 8 great-great grandchildren.

She was a member of Holy Angels Catholic Church in Sidney, where she was retired treasurer of the Sacred Heart Altar Rosary Society. She was a prior member of the Holy Redeemer Catholic Church in New Bremen. She was also a member of the Senior Center of Sidney/Shelby County. She retired from Copeland Corporation in Sidney after 30 plus years of faithful service.

Janet enjoyed sewing, quilting, traveling and playing cards. She loved spending time with her family and grandchildren and her many friends at the Senior Center.

Janet will be greatly missed here at the Senior Center. Her witty sense of humor, smile and laughter brought joy to many. I started working here in February of 2019, and she quickly became one of my favorites. She had a very no-nonsense way of looking at things, and impressed me as someone that I knew I needed to listen and learn from. I remember the first Christmas I was here, we decorated a tree and I put an angel on top. She was quick to tell me... "I am so glad to see an angel on the tree instead of a big bow at the top! That just never made sense to me!" That was Janet, honest to the core. I loved her and will miss her more than words can express.

Rachel Hale, Executive Director.

### HEADLINE NEWS!! CHECK IT OUT!!

\*

### **MILESTONE RAFFLE:**

The winner for December was: Rebecca Doak

The winner for January was: Tina Clark

Tickets for the 2023 - 2024 year are still available at the front desk. Don't miss an opportunity to win \$100 for only a \$10 investment. All proceeds go toward operating expenses for the Center.

### MONTHLY BILLIARD TOURNAMENT

The Tournament of Champions was held on Friday December 29th.

The winner was: Duane Stewart

The January winner was: Bruce Bradley with runner up: Larry Curtner

The tournament is the last Friday of each month at 10 am. Come down and join in on the fun and a chance to win the bragging rights for the month!

### **CARRY IN MEETING WINNERS!**

The Attendance prize winner for January was: Carolyn Warner, who won a \$25 Gift Card to Bob Evans! Come to the Carry in and enjoy some great food, speaker or entertainment and see if you will be the lucky attendance prize winner!!

### **UPCOMING CARRY IN SPEAKERS:**

March 12, 2024 we will be having local entertainer: Kenny G!! Come and enjoy some great food and good music!

April 9, 2024 our guest speaker will be: City of Sidney Chief of Police, Mark McDough. He will be sharing some updated information and will answer any questions you may have.

### **DUELING PIANO'S:**

Friday, March 22, 2024 @ 7pm, Freda Maxson and Sharon Geissler will be entertaining us with their beautiful music! They will be "dueling" their piano's, and the result is sure to be wonderful! This event is FREE and open to the public, so invite your friends, family and neighbors!

### **ANNUAL CARD PARTY:**

Did you know that ALL the food you enjoy at the Card Party is donated?!

\*\*ATTENTION TO ALL BAKERS\*\* We are no longer making calls for donations and are utilizing this newsletter as our point of contact.

We would love for you to bring a baked item to use on our dessert table. Do you have a favorite or family recipe to share? Please help us out. The items should be dropped off at the Senior Center by 5pm on Tuesday, April 23<sup>rd</sup>. Thank you in advance for your donation.

Signed: Food Committee Chairs: Becky Fair and Kay O'Leary

# BE IN THE "KNOW" WITH WHAT'S HAPPENING

### **MEMBERSHIP:**

2024 has not changed. They are \$35 for Shelby County residents, and \$40 for out of county. You can stop at the front reception desk, or mail in your payment and we will be happy to mail your card back to you.

### **CERTIFIED PERSONAL TRAINER:**

We ask that before you use our exercise room and equipment for the first time, you meet with a personal trainer. Laura's hours are: Monday and Tuesday mornings 8:15 – 9:15 am

### ON FACEBOOK:

Check us out on and "like" us on Facebook, Senior Center of Sidney/Shelby County. Encourage your friends and family to "like" us too. It will go a long way in getting our information out to the public. You will also get up to date information on whenever we are delayed or closed. If you need information, have a question or just want to say hello, our email address is: <a href="mailto:srcenter@nktelco.net">srcenter@nktelco.net</a>. (Executive Director: Rachel Hale)

WEBSITE is www.srcentersidney-shelby.com

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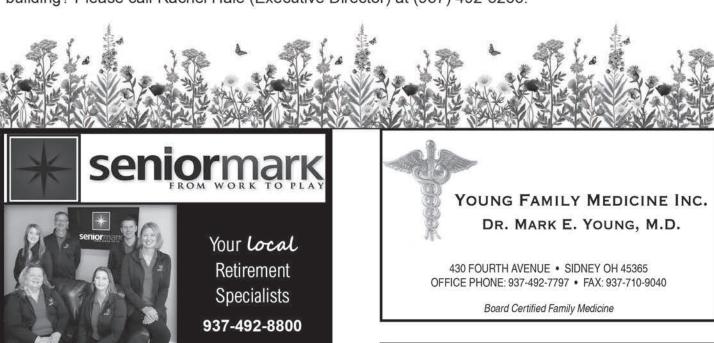
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**RENTAL OF OUR BUILDING:** Are you or someone you know interested in renting the building? Please call Rachel Hale (Executive Director) at (937) 492-5266.





### MONTHLY REMINDERS FOR: March & April

### **BOARD MEETINGS:**

The Senior Center Board of Directors meetings are:

Friday, March 8th at 9am

Friday, April 5th at 9am

All are welcome at the Monthly Board meetings. Please join us and hear all of the Senior Center news and discussions.

### **NEWSLETTER:**

We will be assembling the newsletter on Monday, April 22<sup>nd</sup> at 9am.

### **HOLIDAY CLOSINGS:**

Friday, March 29th, we will be closing at noon in observance of the Good Friday Holiday.



### Michael Jannides President

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for a meeting in person, online or by phone

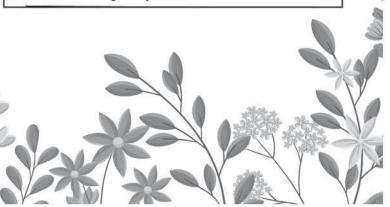
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### **WEEKLY SCHEDULE**

SENIOR CENTER SINGERS: Monday & Friday 10 a.m.

BINGO: Monday and Thursday at 1:00 p.m.

MAH JONG: Monday and Friday at 1:00 p.m.

SHUFFLEBOARD: Monday and Thursday at 1:00 p.m.

PICKLEBALL: Mon. & Thurs. at 3pm, Tues. at 4:45 p.m. Wed. & Fri.at 1:00 p.m.

Beginners Level only: Wednesday, Thursday & Friday 4:45pm

CHAIR EXERCISE: Tuesday and Thursday at 9:00 a.m.

MOVE N GROOVE: Tuesday and Thursday at 10:00 a.m. Mondays at 5:30 p.m.

LINE DANCING: Tuesday and Thursday at 11:00 a.m.

ADVANCED LINE DANCING: Monday and Friday at 11:00 a.m.

CHAIR VOLLEYBALL: Wednesday at 10:00 a.m. and Saturday from 10:00 - 11:30 a.m.

CHAIR YOGA: Monday & Friday at 9 a.m.

EUCHRE: Tuesday and Friday at 1:00 p.m. Thursday evening at 7:00 p.m.

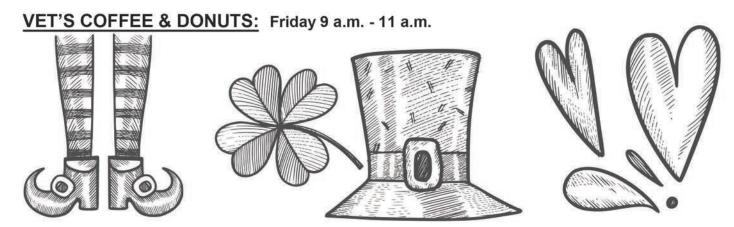
BID EUCHRE: Tuesday at 7:00 p.m.

TEXAS HOLD EM': Monday & Thursday at noon, Tuesday & Wednesday at 1 p.m.

PINOCHLE: Tuesdays & Thursdays from 12 - 3:00 p.m. & Wednesday 11:00 - 3 p.m.

BRIDGE: Friday at 12:30 p.m.

KNITTING/CROCHETING GROUP: Wednesday at 10 a.m. Monday & Thursday at 2:30 p.m.



### **FUNDRAISING OPPORTUNITIES**

There are many different ways that the Center raises money that you might not know about. If you would like to help out, or get involved with any of these, let the staff know and we will be happy to answer any questions.

- **1.) Aluminum Cans:** Drop your cans (bagged please) into the large trash can by the back-door entrance. Or give them to a staff member.
- **2.) Jingle Jangle Jar:** Spring is around the corner, and that means cleaning out the car. All that extra change can be dropped in the jar! Every little bit counts! Coins are great, paper is better.
- **3.) Monthly Basket Raffle:** This has proven to be a great way to raise money for the Senior Center. The spring baskets are being prepped, and will be ready to purchase chances on by the time you are reading this newsletter. For a \$2.00 donation, you can pick your favorite number. Once all the numbers are bought, we will draw the lucky winner LIVE on Facebook! If you have questions, ask Liz and she will help you out.

Thank you for your support, these might not seem like a lot, but you know the saying: "Every little bit helps!"



# DayBreak helps you live life better

Struggling to provide the support your loved one needs? Our experienced staff offers the following:

- Medication reminders, nutritious meals
- Social interaction in a group setting
- Entertaining activities
- Ask about transportation



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### 2024 – 2025 COMMITTEE VOLUNTEERS NEEDED FOR THESE

Your help is needed. There are several openings on some of our committees. None of them take a lot of time, but you are a great help and blessing to the Center and staff! If you are interested in serving on any of these, please let President, Shelia Nuss or Executive Director, Rachel Hale know.

#### Health Luncheons/Lunch and Learns – Kitchen: (need 3 people)

Be there to help set up for the event, and stay afterwards to help clean up.

These are on the 4<sup>th</sup> Tuesday of each month, except for November and December.

#### Carry In – Kitchen: (need 3 people)

Be there by 10:30am to help set up for the event, and stay afterwards to help clean up.

These are on the 2<sup>nd</sup> Tuesday of each month.

#### Dances: (need 3 people)

Help set up and decorate the tables before the doors open at 6:30pm. Keep the snacks/drinks stocked up on the refreshment table. Stay after the event to help clean up.

These are minimum of 4 times per year.

# NOMINATIONS AND ELECTION OF OFFICERS FOR THE 2024 – 2025 BOARD OF TRUSTEES

The Nomination Committee will be presenting their nominations to the Senior Center Board of Trustees at the March 8<sup>th</sup> Board meeting.

They will then be read to the floor at the March 12<sup>th</sup> Carry In member meeting. At this time, nominations can be made from the floor. If you are planning on nominating someone from the floor, please be sure that they are there to accept the nomination.

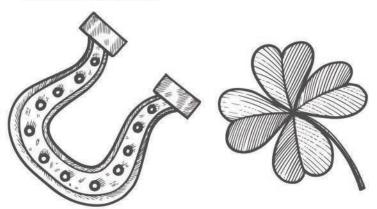
Voting ballots will be mailed out with the May/June Newsletter. Ballots will be counted at the June 11<sup>th</sup> Carry In member meeting.

The following officers are open for nominations:

President, Vice President, Secretary, and 3 Trustees.

Office duties/responsibilities may be found in the Code of Regulations located outside the offices on the bulletin board.

The Nominating Committee members are: Carl Wical, Maggie Wiley, Bruce Bradley, Roger Markley and Duane Stewart.



### Countryside Commons Senior Apartments

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### **SUNDAY APRIL 28TH 2:00 PM**

Doors will open at 1:30pm
Light refreshments will be available
This is FREE and open to the public of any age.





# Congratulations to our 5 Alarm Chili Cookoff Winners!

Judges Choice: Emma Huelsman Peoples Choice: Shelia Nuss

Thank you to our esteemed judges: Fire Chief, Chad Hollinger, City of Sidney Manager, Andrew Bowshers and Shelby County Commissioner, Tony Bornhorst.

### SHELIA'S RECIPE

1 Tablespoon olive oil, 1 pound skinless, boneless chicken breast halves, cut into half inch cubes, 1 onion, chopped, 2 cloves of garlic, chopped, 2 (15.5 oz) cans of great Northern beans, rinsed and drained, 1 (14.5 oz) can chicken broth, 2 (4oz) cans chopped green chiles, 1 Teaspoon salt, 1 teaspoon ground cumin, 1 teaspoon dried oregano, ½ teaspoon ground black pepper, ½ teaspoon cayenne pepper, 1 Cup sour cream, ½ cup heavy whipping cream.

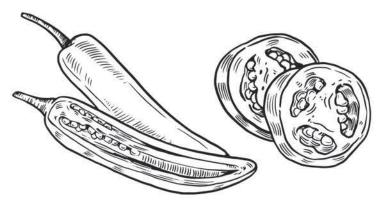
Heat olive oil in a large saucepan over medium heat. Add chicken, onion, and garlic; cook and stir until chicken is no longer pink in the center and juices run clear, 10 – 15 minutes. Stir in beans, chicken broth, green chiles, salt, cumin, oregano, black pepper and cayenne pepper; bring to a boil. Reduce heat and simmer until flavors have blended, about 30 minutes. (TO MAKE THICKER: save some beans and mash them up & add)

Remove chili from heat; stir in sour cream and whipping cream until incorporated, serve and enjoy!

#### EMMA'S RECIPE

1½ lb hamburger, sausage or venison. ½ cup onion (1 medium chopped), ½ cup green pepper chopped (1 medium chopped), 1 clove garlic, minced. 2¼ cup spiced tomato juice, 16oz can diced tomatoes, 15½ oz can chili beans, 1-3 Tbls chili powder, 2 tsp salt, 1-2 tsp Worcestershire sauce, ¼ tsp pepper, ½ - 1 tsp sriracha sauce.

Brown meat with onion, green pepper and garlic – set aside. Blend all other ingreadients and simmer 10-15 minutes before adding meat. Serve and enjoy!







We would like to thank all of our newsletter advertisers. When you visit any of these establishments, please tell them you saw their ad in our newsletter and thank them for supporting the Senior Center of Sidney-Shelby County.

The City of Sidney Parks Department for providing wonderful service of our building, all the snow removal, lawn mowing and much more!

### Many of our programs could not happen if not for the following sponsors:

**BINGO**: Affinity Hospice, Ayden Health Care, Devoted Insurance, Momentous Health Care, The Landings of Sidney, Stormer Insurance, Ohio Living Home Health and Wilson Health.

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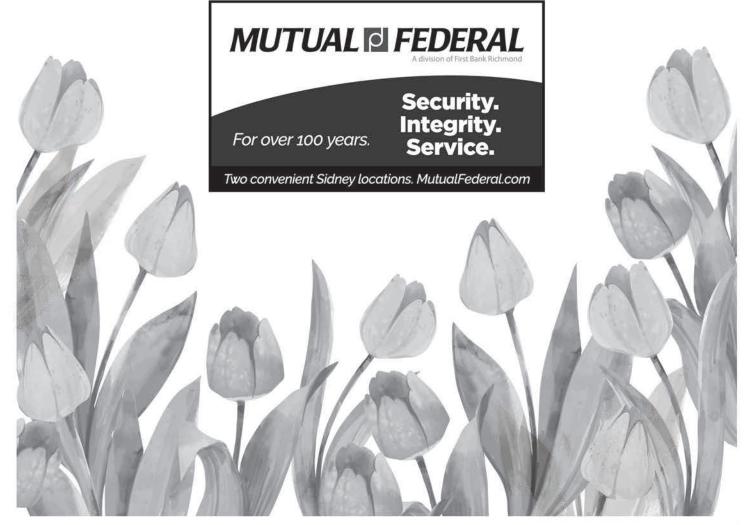
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The 2024 membership dues will remain the same at: \$35 for Shelby County Residents and \$40 for Out of County Residents.





# Friday March 8th at 1pm

Sponsored by:



# NO buy in fee. Prizes to the top 3 players

Prizes provided by Stormer Insurance



▲ Feb 2024			March 2024			Apr 2024 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
** Have you renewed your membership yet? \$35 for Shelby Co. residents, \$40 for out of County.		** Card Party Raffle tickets on sale now! **			1 9:00 CHAIR YOGA 9:00 Vet's Coffee & Donuts 10:00CHOIR 11:00 ADVANCED Line Dancing 12:30 BRIDGE 1:00 EUCHRE	<b>2</b> 10:00 – 11:30 CHAIR V-BALL
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24	25 9:00 CHAIR YOGA 11:00 ADVANCED Line Dancing 12:00 TEXAS HOLD EM 1:00 SHUFFLEBOARD, BINGO & MAH JONG TILES 3:00 PICKLEBALL 2:30 Crocheting & Knitting 5:30 MOVE N GROOVE	26 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 11:30 LUNCH & LEARN 12:00 PINOCHLE 1:00 EUCHRE 1:00 Texas Hold Em' 4:45 – 6:45 PICKLEBALL 7:00 BID EUCHRE	10:00 CROCHETING & KNITTING LOO CROCHETING & LOO CHAIR V-BALL LOO TEXAS HOLD EM LOO PICKLEBALL W.45 BEGINNERS PICKLEBALL	28 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 12:00 TEXAS HOLD EM' 12:00 PINOCHLE 10:00 SHUFFLEBOARD, 8 BINGO 3:00 PICKLEBALL 2:30 Crocheting & Knitting 4:45 Beginners Pickleball 7:00 EUCHRE	29 9:00 CHAIR YOGA 9:00 Vet's Coffee & Donuts 10:00CHOIR 11:00 ADVANCED Line Dancing CLOSING AT NOON	<b>30</b> 10:00 – 11:30 CHAIR V-BALL
31	*** Friday March 8 <sup>th</sup> , 1pm El Prizes provided by Stormer	, 1pm Euchre Tour Stormer Insurance	Euchre Tournament sponsored by Stormer Insurance. No buy in, just come and play! er Insurance to the top 3 places.	by Stormer Insurar	ice. No buy in, just	come and play!

28 29 9:00 CHAIR YOGA 11:00 ADVANCED Line 11:00 ADVANCED Line Dancing 2:00 SPRING CHOIR 12:00 TEXAS HOLD EM 10:00 SHUFFLEBOARD, BINGO & MAH JONG TILES 3:00 PICKLEBALL 2:30 Crocheting & Knitting 1:00 BID EUCHRE 1:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 HAIR EXERCISE 10:00 MOVE N GROOVE 11:00 ADVANCE LINE 10:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 10:00 HAVE You can get them at the front desk. You can get them at the front desk. You can get them at the front desk. 1:00 TEXAS HOLD EM 1:00 ADVANCE LINE 10:00 MOVE N GROOVE 10:00 MOVE N GROOVE 10:00 MOVE N GROOVE 10:00 MOVE N GROOVE 10:00 HAVE YOU can get them at the front desk. 10:00 TEXAS HOLD EM 10:00 HAVE YOU CAN GET LINE 10:00 MOVE N GROOVE 10:00 MOVE N GROOVE 10:00 HAVE YOU CAN GET LINE 10:00 HAVE YOU CAN GET LINE 10:00 HAVE N GROOVE 10:00 HAVE JOING 10:00 HA	21   22 9:00 CHAIR YOGA   9:00 NEWSLETTER   9:00 CHAIR EXERCISE   11:00 ADVANCED Line   10:00 MOVE N GROOVE   10:00 CROCHETING & 10:00 MOVE N GROOVE   10:00 CHOCHETING & 10:00 LINE DANCING   11:00 LINE DANCING	14         15         9:00 CHAIR YOGA         16         17         18         9:00 CHAIR EXERCISE         10:00 MOVE N GROOVE         9:00 Vet's         9:00 CHAIR EXERCISE         10:00 MOVE N GROOVE         10:00 MOVE N GROOVE         9:00 Vet's         9:00 Vet's         9:00 Vet's         9:00 Woll on the properties         9:00 Woll on the properties         10:00 MOVE N GROOVE         10:00 MOVE N GROOVE         9:00 Vet's         9:00 Woll on the properties         9:00 Woll on the properties	10	Sun         Mon         Tue         Wed         Thu           1 9:00 CHAIR YOGA 11:00 ADVANCED Line Dancing 12:00 TEXAS HOLD EM 10:00 MOVE N GROOVE BINGO SHUFFLEBOARD, TILES 3:00 PICKLEBALL 2:30 Crocheting & Knitting 5:30 MOVE N GROOVE 10:00 CHAIR V-BALL 10:00 CHAIR V-BALL 10:00 CHAIR V-BALL 10:00 TEXAS HOLD EM 10:00 T
Card Party ticket and/or Raffle tickets yet? he front desk.	g CISE	g IISE	G SE	m



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