

SENIOR *Center* OF SIDNEY-SHELBY COUNTY

Open Weekdays: 8:00 a.m. – 7:00 p.m. Saturday 8-12
Phone: (937) 492-5266

304 S. West Avenue
Sidney, OH 45365

NEWSLETTER

January & February 2024

Vol. 27, No. 1



We have several new and exciting events and activities planned to help kick off the new year!

Share them with your friends & family 50 or better and let them see how great the Center is!

From your Executive Director:

Happy New Year!!!!

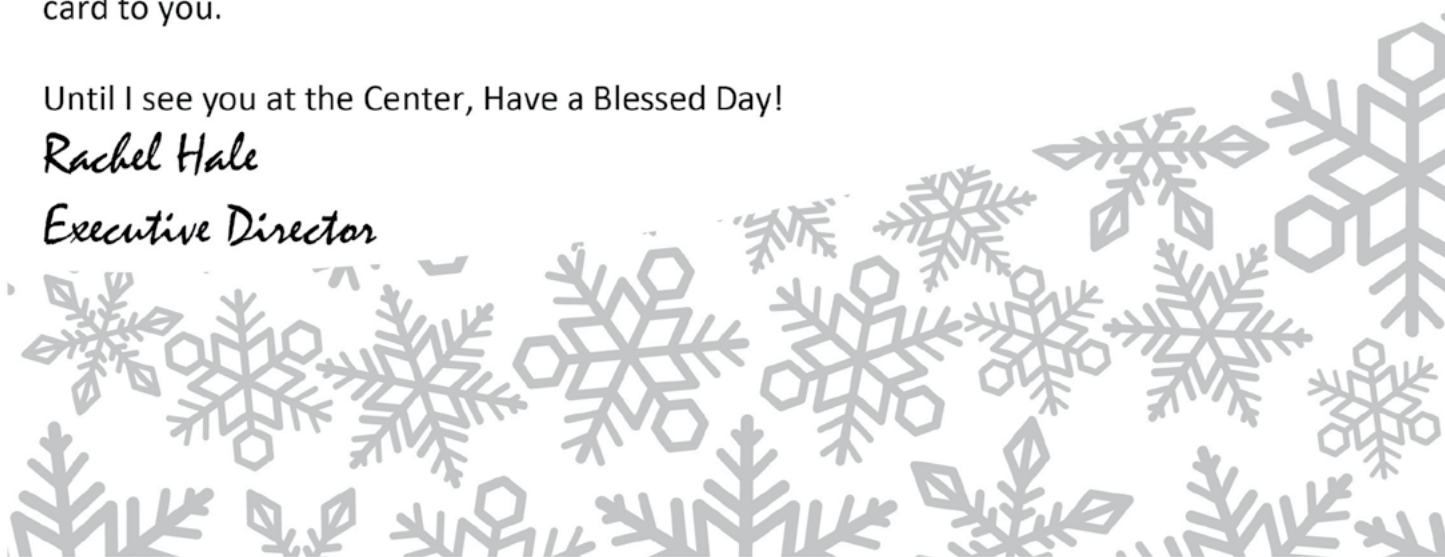
We are looking forward to another great year of activities, special events and most of all....FUN!!! The year will be kicked off with some new events like: 5 Alarm Chili Cookoff, Friday Fun Night Karaoke and a special dinner/game show night. Be sure to look for details in this edition and save the dates!!

It is that time of year to renew your membership. \$35 for Shelby County and \$40 for out of county members. You can stop by the Center or mail it in and we will send your membership card to you.

Until I see you at the Center, Have a Blessed Day!

Rachel Hale

Executive Director




**WILSON HEALTH**
Home Care & Hospice



**Preferred Not-for-Profit
Agency with Over 30 Years
of Experience**

(937) 498-9335
wilsonhealth.org

wilsonhealth.org

**STORMER**
INSURANCE

921 Race St.
Troy, OH 45373
sethstormer2@yahoo.com
937-308-3700

Seth Stormer
OH License # 753433
For major carriers of Medicare and Life Insurance

"Helping you weather the storms life throws at you"

**Michael Jannides**
President

email - spotcatering@earthlink.net
Phone: (937) 492-9181
Catering: (937) 492-0298
Fax: (937) 498-9899
www.thespottoeat.com

Spot Restaurant Inc.
201 S. Ohio Ave.
Sidney, Ohio 45365

From your Board President:

Wishing everyone a wonderful, healthy, prosperous and blessed new year!!

With the new year, we should look forward to the positive blessings that we all share and may not be aware of. It may not be in the form of a friendly "Hi, How ARE YOU ", a smile, opening the door, or a negative reaction or being a grump. These actions set the tone of the day for many. So, put on your happy face and share the joy of being alive and being with people. We all need that encouragement of feeling needed, understood, and/or loved. We have a lot to be grateful for, although we may not always know it at the time.

One thing I have noticed is people love to share. We have a 'share table' that people have benefited many times over the years. Some items have been from your garden, calendars, general information within our community, drinks, snacks, etc. we all love to share and help others!! What a blessing for those who donate and for those who receive.

This is just another small way that the Senior Center is an outreach to our Seniors community!!

Blessings to everyone!!

Act of kindness, no matter how small, is ever wasted." ----- Aesop

Keep smiling.... It makes people wonder what you are up to.

SHELIA NUSS
PRESIDENT



More than ink and paper.

960 East Main St. - Versailles, OH 45380
937.526.3213

- Design & Print Services
- Business Collateral
- Direct Mail
- Marketing Materials
- Trade Shows & Signage
- Large Format Prints



vppind.com
vppsals@vppind.com

Cromes Edwards
FUNERAL HOME & CREMATORY INC.

302 SOUTH MAIN AVENUE
SIDNEY, OHIO 45365
(937)492-5101
WWW.CROMESFH.COM

*Continuing the Legacy of the
Finest in Funeral Service.*

*We can guarantee your family the **greatest quality**
and We will guarantee you the **lowest cost***

**Shelby County's
Only Onsite Crematory**



Handicap Accessible



OPEN TO PUBLIC 50+

Karaoke Night



JANUARY 26TH, 7PM

SIMON SOUND DJ

THANK YOU !!

We would like to thank all of our newsletter advertisers. When you visit any of these establishments, please tell them you saw their ad in our newsletter and thank them for supporting the Senior Center of Sidney-Shelby County.

The City of Sidney Parks Department for providing wonderful service of our building, all the snow removal, lawn mowing and much more!

To everyone that donated to the Foundation of Shelby County's Match Day program!!

To everyone that donated their time, baked goods, items for the thrift sale and coming to shop/eat at our Annual Fall Fundraiser! It was a great success!!!

Many of our programs could not happen if not for the following sponsors:

BINGO: Affinity Hospice, Ayden Health Care, Devoted Insurance, Momentous Health Care, The Landings of Sidney, Stormer Insurance, Ohio Living Home Health and Wilson Health.

CARRY IN ENTRÉE': Ohio Living Dorothy Love

HEALTH LUNCHEON: Wilson Health

LUNCH & LEARN: Durnell-Maier Law office

Countryside Commons Senior Apartments

Come join our friendly community where seniors 55 and older are enjoying their spacious two-bedroom homes with attached garages, community building with activities and step-free community.

890 Countryside Street, Sidney, OH
Telephone: 937-492-9292

This institution is an equal opportunity provider and employer.



YOUR EXPERT IN ELDER LAW AND ASSET PROTECTION

- Wills
- Trusts
- Estate Planning
- Medicaid Planning
- VA Aid and Attendance
- Probate
- Special Needs Trusts
- Farm Trusts

(937) 507-9004



A stylized handwritten signature in dark ink.

DURNELL MAIER LAW

www.durnellmaierlaw.com

Sidney Office
804 W. Russell Road
Sidney, Ohio 45365
Troy Office
10 Market Street
Troy, Ohio 45373
HOURS MON – THURS 8:30 – 5:00 FRIDAY 8:30 – 3:00





Residents of Shelby County and surrounding areas:

You are cordially invited to join representatives from the Ohio

Coalition for Adult Protective Services and Shelby County Department of Job & Family Service for a **SPECIAL FORUM** focused on empowering and protecting older Ohioans.

GET INVOLVED. GET SAFE.

COMBATting ELDER FINANCIAL EXPLOITATION

Date: January 19, 2024 Time: 10:00 am to 11:00 am

(Lunch will be provided for those attending the presentation from 11:00 am to 12:00 pm)

Location: Senior Center of Sidney Shelby County

Address: 304 S West Avenue, Sidney, Ohio 45365

Older adults can be attractive targets for financial predators both known and unknown to them. Losing money or possessions to scams, fraud or exploitation can be especially overwhelming to older adults, who may not be able to earn back what they've lost. The best defense against exploitation is knowledge. This forum is designed to educate older adults, their family and their friends about various types of scams and red flags, ways to avoid financial exploitation, and how to properly report such crimes to authorities.

The program is free to attendees. Pre-registration is required. To reserve a seat or have questions, please call Amber McCullough at **937-497-2833**.





January 17, 2024 @ 11:30am

5 ALARM CHILI COCKOFF

There will be 2 catagories:
Judges Choice and Peoples Choice.

There are 2 ways to join the fun!

#1 - Bring
a crockpot
of chili for
competition
judging



#2 - Bring
a covered
dish to
share and
have lunch





**CONGRATULATIONS TO
OUR HALLOWEEN DANCE
COSTUME CONTEST!
PAT PESTKE & PAM GILBERT!**



**CONGRATULATIONS TO ORVILLE
BORGERT FOR WINNING THE
VETERAN'S BILLIARD TOURNAMENT !
CHRIS NORTH WITH THE SHELBY
COUNTY VETERANS SERVICES WAS OUR
SPONSOR AND PROVIDED LUNCH AND
THE PRIZES!**

DayBreak helps you live life better

Struggling to provide the support your loved one needs? Our experienced staff offers the following:

- Medication reminders, nutritious meals
- Social interaction in a group setting
- Entertaining activities
- Ask about transportation



Green Hills Community
Enriching All Seasons of Life

6557 US 68 South, West Liberty
937.465.5065
www.greenhillscommunity.org

Salm-McGill & Tangeman Funeral Home

502 South Ohio Avenue

Sidney, OH 45365

(937) 492-5130

www.salm-mcgillandtangemanfh.com

**Serving the Community
Since 1866**

\$3997

**Professional Services,
Casket, & Vault**

Guaranteeing your family the lowest
cost while still maintaining the highest
quality of services.

February 2024						Mar 2024 ▶	
◀ Jan 2024	Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 12:00 TEXAS HOLD EM' 12:00 PINOCHLE 1:00 SHUFFLEBOARD, & BINGO 2:30 Crocheting & Knitting 7:00 EUCHRE	2 9:00 CHAIR YOGA 9:00 Vet's Coffee & Donuts 10:00CHOIR 11:00 ADVANCED Line Dancing 12:30 BRIDGE 1:00 EUCHRE 1:00 PICKLEBALL	3 10:00 – 11:30 CHAIR V-BALL
4		5 9:00 CHAIR YOGA 11:00 ADVANCED Line Dancing 12:00 TEXAS HOLD EM 1:00 SHUFFLEBOARD, BINGO & MAH JONG TILES 3:00 PICKLEBALL 2:30 Crocheting & Knitting 5:30 MOVE N GROOVE	6 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 12:00 PINOCHLE 1:00 EUCHRE 1:00 Texas Hold Em' 4:45 – 6:45 PICKLEBALL 7:00 BID EUCHRE	7 10:00 CROCHETING & KNITTING 10:00 CHAIR V-BALL 11:00 PINOCHLE 1:00 TEXAS HOLD EM 1:00 PICKLEBALL 4:45 BEGINNERS PICKLEBALL	8 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 12:00 TEXAS HOLD EM' 12:00 PINOCHLE 1:00 SHUFFLEBOARD, & BINGO 3:00 PICKLEBALL 2:30 Crocheting & Knitting 7:00 EUCHRE	9 9:00 CHAIR YOGA 9:00 BOARD MEETING 9:00 Vet's Coffee & Donuts 10:00CHOIR 11:00 ADVANCED Line Dancing 12:30 BRIDGE 1:00 EUCHRE 1:00 PICKLEBALL	10 10:00 – 11:30 CHAIR V-BALL
11		12 9:00 CHAIR YOGA 11:00 ADVANCED Line Dancing 12:00 TEXAS HOLD EM 1:00 SHUFFLEBOARD, BINGO & MAH JONG TILES 3:00 PICKLEBALL 2:30 Crocheting & Knitting 5:30 MOVE N GROOVE	13 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 11:30 CARRY IN 12:00 PINOCHLE 1:00 EUCHRE 1:00 Texas Hold Em' 4:45 – 6:45 PICKLEBALL 7:00 BID EUCHRE	14 10:00 CROCHETING & KNITTING 10:00 CHAIR V-BALL 11:00 PINOCHLE 1:00 TEXAS HOLD EM 1:00 PICKLEBALL 4:45 BEGINNERS PICKLEBALL	15 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 12:00 TEXAS HOLD EM' 12:00 PINOCHLE 1:00 SHUFFLEBOARD, & BINGO 3:00 PICKLEBALL 2:30 Crocheting & Knitting 7:00 EUCHRE	16 9:00 CHAIR YOGA 9:00 Vet's Coffee & Donuts 10:00CHOIR 11:00 ADVANCED Line Dancing 12:30 BRIDGE 1:00 EUCHRE 1:00 PICKLEBALL 6:00 DINNER/GAME SHOW NIGHT	17 10:00 – 11:30 CHAIR V-BALL
18		19 CLOSED	20 9:00 CHAIR EXERCISE 9:00 NEWSLETTER 10:00 MOVE N GROOVE 11:00 LINE DANCING 12:00 PINOCHLE 1:00 EUCHRE 1:00 Texas Hold Em' 4:45 – 6:45 PICKLEBALL 7:00 BID EUCHRE	21 10:00 CROCHETING & KNITTING 10:00 CHAIR V-BALL 11:00 PINOCHLE 1:00 TEXAS HOLD EM 1:00 PICKLEBALL 4:45 BEGINNERS PICKLEBALL	22 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 12:00 TEXAS HOLD EM' 12:00 PINOCHLE 1:00 SHUFFLEBOARD, & BINGO 3:00 PICKLEBALL 2:30 Crocheting & Knitting 7:00 EUCHRE	23 9:00 CHAIR YOGA 9:00 Vet's Coffee & Donuts 10:00CHOIR 11:00 ADVANCED Line Dancing 12:30 BRIDGE 1:00 EUCHRE 1:00 PICKLEBALL	24 10:00 – 11:30 CHAIR V-BALL
25		26 9:00 CHAIR YOGA 11:00 ADVANCED Line Dancing 12:00 TEXAS HOLD EM 1:00 SHUFFLEBOARD, BINGO & MAH JONG TILES 3:00 PICKLEBALL 2:30 Crocheting & Knitting 5:30 MOVE N GROOVE	27 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 11:30 Health Luncheon 12:00 PINOCHLE 1:00 EUCHRE 1:00 Texas Hold Em' 4:45 – 6:45 PICKLEBALL 7:00 BID EUCHRE	28 10:00 CROCHETING & KNITTING 10 – 4 BLOOD DRIVE 11:00 PINOCHLE 1:00 TEXAS HOLD EM 4:45 BEGINNERS PICKLEBALL	29 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 12:00 TEXAS HOLD EM' 12:00 PINOCHLE 1:00 SHUFFLEBOARD, & BINGO 3:00 PICKLEBALL 2:30 Crocheting & Knitting 7:00 EUCHRE	** AARP Tax Preparation 2/1/2024 – 4/4/2024. Call the Center to schedule.	


◀ Dec 2023		January 2024				Feb 2024 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 CLOSED	2 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 12:00 PINOCHLE 1:00 EUCHRE 1:00 Texas Hold Em' 4:45 – 6:45 PICKLEBALL 7:00 BID EUCHRE	3 10:00 CROCHETING & KNITTING 10:00 CHAIR V-BALL 11:00 PINOCHLE 1:00 TEXAS HOLD EM 1:00 PICKLEBALL 4:45 BEGINNERS PICKLEBALL	4 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 12:00 TEXAS HOLD EM' 12:00 PINOCHLE 1:00 SHUFFLEBOARD, & BINGO 3:00 PICKLEBALL 2:30 Crocheting & Knitting 7:00 EUCHRE	5 9:00 CHAIR YOGA 9:00 Vet's Coffee & Donuts 10:00CHOIR 11:00 ADVANCED Line Dancing 12:30 BRIDGE 1:00 EUCHRE 1:00 PICKLEBALL	6 10:00 – 11:30 CHAIR V-BALL
7 8 9:00 CHAIR YOGA 11:00 ADVANCED Line Dancing 12:00 TEXAS HOLD EM 1:00 SHUFFLEBOARD, BINGO & MAH JONG TILES 3:00 PICKLEBALL 2:30 Crocheting & Knitting 5:30 MOVE N GROOVE	9 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 11:30 CARRY IN 12:00 PINOCHLE 1:00 EUCHRE 1:00 Texas Hold Em' 4:45 – 6:45 PICKLEBALL 7:00 BID EUCHRE	10 10:00 CROCHETING & KNITTING 10:00 CHAIR V-BALL 11:00 PINOCHLE 1:00 TEXAS HOLD EM 1:00 PICKLEBALL 4:45 BEGINNERS PICKLEBALL	11 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 12:00 TEXAS HOLD EM' 12:00 PINOCHLE 1:00 SHUFFLEBOARD, & BINGO 3:00 PICKLEBALL 2:30 Crocheting & Knitting 7:00 EUCHRE	12 9:00 CHAIR YOGA 9:00 Vet's Coffee & Donuts 10:00CHOIR 11:00 ADVANCED Line Dancing 12:30 BRIDGE 1:00 EUCHRE 1:00 PICKLEBALL	13 10:00 – 11:30 CHAIR V-BALL	
14 15 CLOSED	16 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 12:00 PINOCHLE 1:00 EUCHRE 1:00 Texas Hold Em' 4:45 – 6:45 PICKLEBALL 7:00 BID EUCHRE	17 10:00 CROCHETING & KNITTING 10:00 CHAIR V-BALL 11:00 PINOCHLE 11:30 CHILI COOKOFF 1:00 TEXAS HOLD EM 1:00 PICKLEBALL 4:45 BEGINNERS PICKLEBALL	18 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 12:00 TEXAS HOLD EM' 12:00 PINOCHLE 1:00 SHUFFLEBOARD, & BINGO 3:00 PICKLEBALL 2:30 Crocheting & Knitting 7:00 EUCHRE	19 10:00 – NOON OCAPS-ELDER FINANCIAL EXPLOITATION PROGRAM & LUNCH 12:30 BRIDGE 1:00 EUCHRE 1:00 PICKLEBALL	20 10:00 – 11:30 CHAIR V-BALL	
21 22 9:00 CHAIR YOGA 11:00 ADVANCED Line Dancing 12:00 TEXAS HOLD EM 1:00 SHUFFLEBOARD, BINGO & MAH JONG TILES 3:00 PICKLEBALL 2:30 Crocheting & Knitting 5:30 MOVE N GROOVE	23 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 11:30 LUNCH & LEARN 12:00 PINOCHLE 1:00 EUCHRE 1:00 Texas Hold Em' 4:45 – 6:45 PICKLEBALL 7:00 BID EUCHRE	24 10:00 CROCHETING & KNITTING 10:00 CHAIR V-BALL 11:00 PINOCHLE NOON- Volunteer Luncheon 1:00 TEXAS HOLD EM 1:00 PICKLEBALL 4:45 BEGINNERS PICKLEBALL	25 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 12:00 TEXAS HOLD EM' 12:00 PINOCHLE 1:00 SHUFFLEBOARD, & BINGO 3:00 PICKLEBALL 2:30 Crocheting & Knitting 7:00 EUCHRE	26 9:00 CHAIR YOGA 9:00 Vet's Coffee & Donuts 10:00CHOIR 11:00 ADVANCED Line Dancing 12:30 BRIDGE 1:00 EUCHRE 1:00 PICKLEBALL 7:00 Karaoke Night	27 10:00 – 11:30 CHAIR V-BALL	
28 29 9:00 CHAIR YOGA 11:00 ADVANCED Line Dancing 12:00 TEXAS HOLD EM 1:00 SHUFFLEBOARD, BINGO & MAH JONG TILES 3:00 PICKLEBALL 2:30 Crocheting & Knitting 5:30 MOVE N GROOVE	30 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 12:00 PINOCHLE 1:00 EUCHRE 1:00 Texas Hold Em' 4:45 – 6:45 PICKLEBALL 7:00 BID EUCHRE	31 10:00 CROCHETING & KNITTING 10:00 CHAIR V-BALL 11:00 PINOCHLE 1:00 TEXAS HOLD EM 1:00 PICKLEBALL 4:45 BEGINNERS PICKLEBALL	** Time to renew your membership ** \$35 for Shelby County residents, \$40 for out of county.			



We WILL follow the Sidney City Schools for DELAYS ONLY.

Closings will be done on a judgement basis.

Please listen to 105.5 TAM FM, WHIO TV, WDTN TV or check in on our FaceBook page for information regarding possible closings.



YOUNG FAMILY MEDICINE INC.
DR. MARK E. YOUNG, M.D.

430 FOURTH AVENUE • SIDNEY OH 45365
OFFICE PHONE: 937-492-7797 • FAX: 937-710-9040

Board Certified Family Medicine

RON & NITA'S – 492-0198

- Work & Casual Men's Clothing
- Shoes for Entire Family
- Tuxedo Rentals

132 & 134 South Main Ave., Sidney, OH

We measure & fit all feet!

Golden Buckeye Cards accepted

FUNDRAISING OPPORTUNITIES

There are many different ways that the Center raises money that you might not know about. If you would like to help out or get involved with any of these, let the staff know and we will be happy to answer any questions.

1.) Kroger Plus Card points: If you go online and designate our Senior Center as the charitable organization connected with your Kroger card, we receive a quarterly benefit based on the number of points your card collects. Currently there are 69 households registered and last quarter we received \$148.25!! If you need help signing up, please see Rachel and she will walk you thru the process. **This does not take away any of your own Kroger Plus points or benefits.**

2.) Aluminum Cans: Drop your cans (bagged please) into the large trash can by the back-door entrance. Or give them to a staff member.

3.) Monthly Basket Raffle: We are trying something new this year, a monthly basket raffle! Each month a gift basket containing various items unique to the time of year will be up front by the desk. For a \$2.00 donation, you can pick your favorite number. Once all the numbers are bought, we will draw the lucky winner!!! If you have questions, ask Liz and she will help you out.

Thank you for your support, these might not seem like a lot but you know the saying:
"Every little bit helps!"



**JACKSON TOWERS
INDEPENDENT SENIOR LIVING
*For the Young at Heart***

333 E. North Street
Sidney, OH 45365
(937) 492-7100

Applications Now Being Accepted

- Utilities included
- On-Site Manager
- Emergency Pull Cords in Bathroom and Bedroom
- Security Entrance
- Laundry Entrance
- Air Conditioning
- Stove & refrigerators included
- Community Room
- Patio Facilities
- Various Programs and Activities

** \$SAVE today*

\$3997

**Full service, casket
and vault.**

*Adams Funeral
Home*

Caring, Professional Service to ease your financial burden and give you peace of mind.

Ph. 492-4700

**Mark D. Adams
Funeral Director
Julie A. Adams, RN**

WEEKLY SCHEDULE

SENIOR CENTER SINGERS: Monday & Friday 10am

BINGO: Monday and Thursday at 1:00 p.m.

MAH JONG: Monday and Friday 1:00 p.m.

SHUFFLEBOARD: Monday and Thursday 1:00 p.m.

PICKLEBALL: Mon. & Thurs. at 3pm, Tues. at 4:45 p.m. Wed. & Fri. at 1:00 p.m.
Beginners Level only: Wed. 4:45pm

CHAIR EXERCISE: Tuesday and Thursday at 9:00 a.m.

MOVE N GROOVE: Tuesday and Thursday at 10:00 a.m. Mondays at 5:30 p.m.

LINE DANCING: Tuesday and Thursday at 11:00 a.m.

ADVANCED LINE DANCING: Monday and Friday at 11:00 a.m.

CHAIR VOLLEYBALL: Wednesday at 10:00 a.m. and Saturday 10:00 till 11:30 a.m.

CHAIR YOGA: Monday & Friday 9am

EUCHRE: Tuesday and Friday at 1:00 p.m. Thursday evening at 7:00 p.m.

BID EUCHRE: Tuesday at 7:00 p.m.

TEXAS HOLD EM': Monday & Thursday at noon, Tuesday & Wednesday at 1pm

PINOCHLE: Tuesdays & Thursdays noon – 3:00 p.m. & Wednesday 11:00 – 3 p.m.

BRIDGE: Friday at 12:30 p.m.

KNITTING/CROCHETING GROUP: Wednesday at 10 a.m. Monday & Thursday 2:30 p.m.

VET'S COFFEE & DONUTS: Friday 9am – 11am





Our Senior Center Stitchers recently made And donated a bunch of hats to Houston Schools.



Congratulations to the October Billiard winner, Tim Yinger and Runner up, Bruce Bradley



Thank you to everyone that donated socks for The homeless shelter! Vicki Alexander and Rachel Hale delivered 2 LARGE containers full to Mercy Mission House.



A FREE CONSULTATION is Waiting for You!

3 Facts to Know:

1. Medicaid pays for long-term care only once your assets have been nearly depleted.
2. Medicaid Planning helps you qualify for financial aid sooner — preserving your assets for your family.
3. Planning can help you receive care in a place of your choice — *even in your home.*

©2021, K. Dunn

Lovett & House has helped *thousands* of Ohio families with Medicaid planning, in almost every county. Attorney George Lovett is a “*certified expert in estate planning, trusts and probate law*” by the Ohio State Bar Assn.

Lovett & House
ATTORNEYS AT LAW
Tito City • Dayton • Springfield • Kettering • Eaton • Sidney

Call (937) 999-2300 Now!
for a meeting in person, online or by phone

Shelby County
Veteran Services

YOU SERVED US. LET US SERVE YOU!

CALL TODAY! 937-498-7282

BENEFIT QUESTIONS • VA CLAIM ASSISTANCE • EMERGENCY FINANCIAL ASSISTANCE

BE IN THE “KNOW” WITH WHAT’S HAPPENING

MEMBERSHIP:

2024 dues will not change. They are \$35 for Shelby County residents and \$40 for out of county. You can stop at the front reception desk or mail in your payment and we will be happy to mail your card back to you. At the time this newsletter was sent to the printers our current membership total for 2023 was: 972

CERTIFIED PERSONAL TRAINER:

We ask that before you use our exercise room and equipment for the first time you meet with a personal trainer. Laura’s hours are: Monday and Tuesday mornings 8:15 – 9:15 am

ON FACEBOOK:

Check us out on and “like” us on Facebook, Senior Center of Sidney/Shelby County. Encourage your friends and family to “like” us too. It will go a long way in getting our information out to the public. You will also get up to date information on whenever we are delayed or closed.

If you need information, have a question or just want to say hello our email address is:

srcenter@nktelco.net. (Executive Director: Rachel Hale)

WEBSITE is www.srcentersidney-shelby.com

RENTAL OF OUR BUILDING: Are you or someone you know interested in renting the building? Please call Rachel Hale (Executive Director) at (937) 492-5266.

BLOOD DRIVE:

The next one will be Wednesday February 28th 10am – 4pm. If you need assistance scheduling an appointment time, call the Center and Rachel will be happy to help you.

MONTHLY REMINDERS FOR: January & February

BOARD MEETINGS:

The Senior Center Board of Directors meetings are:

NO meeting in January

Friday February 9th at 9am.

All are welcome at the Monthly Board meetings. Please join us and hear all of the Senior Center news and discussions.

NEWSLETTER:

Due to the President’s Day Holiday, we will be assembling the newsletter on Tuesday February 20th at 9am.

HOLIDAY CLOSINGS:

Monday January 1, 2024 for the New Year’s Holiday.

Monday January 15, 2024 for the Martin Luther King Holiday.

Monday February 19, 2024 for President’s Day.

HEADLINE NEWS!! CHECK IT OUT!!

MILESTONE RAFFLE:

The winner for October was: Julie Drees

The winner for November was: Penny Ross

Tickets for the 2023 - 2024 year are still available at the front desk. Don't miss an opportunity to win \$100 for only a \$10 investment. All proceeds go toward operating expenses for the Center.

MONTHLY BILLIARD TOURNAMENT

October's winner was Tim Yinger with runner up Bruce Bradley

November's winner was Bruce Bradley with runner up Larry Curtner.

The tournament is the last Friday of each month at 10 am. Come down and join in on the fun and a chance to win the bragging rights for the month!

CARRY IN MEETING WINNERS!

Attendance prize winner for October was Debra Lee and November was Carl Wical.

Each of these lucky winners received a \$20 Chamber of Commerce Gift Certificate to be used at a variety of stores in Sidney/Shelby County.

UPCOMING CARRY IN SPEAKERS:

January 9th guest speaker: Mary Haiston from Area Agency on Aging.

February 13th guest speaker: Emily Nue from Mercy Mission House

AARP TAX PREPARATION:

FREE tax preparation through AARP will be offered again this year beginning 2/1/2024 thru 4/4/2024. We will begin scheduling appointments after January 15th. Please call the center between 8am and 3:30pm and ask for Liz.



MUTUAL  FEDERAL
A Division of First Bank Richmond

**Security.
Integrity.
Service.**

For over 100 years.

Two convenient Sidney locations. [MutualFederal.com](https://www.MutualFederal.com)




VOLUNTEER *Luncheon*

Wednesday January 24th @ Noon

**If you plan to attend, please sign up
at the front desk before
January 19th.**

Can't Imagine Living Anywhere Else!



Elmwood  **Assisted Living
of New Bremen**

**Assisted Living • Memory Care
24-HR Onsite Nursing Staff & More!**

419-977-2711

711 S. Walnut St. Just off Route 66

elmwoodcommunities.com



seniormark
FROM WORK TO PLAY



Your *Local*
Retirement
Specialists

937-492-8800

Offering

Medicare Supplements

Medicare Advantage Plans

Social Security & Financial Planning

www.seniormark.com

2551 Michigan Street Sidney, Ohio

Seniormark LLC is an insurance agency and is not connected with or endorsed by the U.S. Government or the federal Medicare program.

ENJOY THE BENEFITS OF MEMBERSHIP



The 2024 membership dues will remain the same at:
\$35 for Shelby County residents and
\$40 for Out of County Residents.

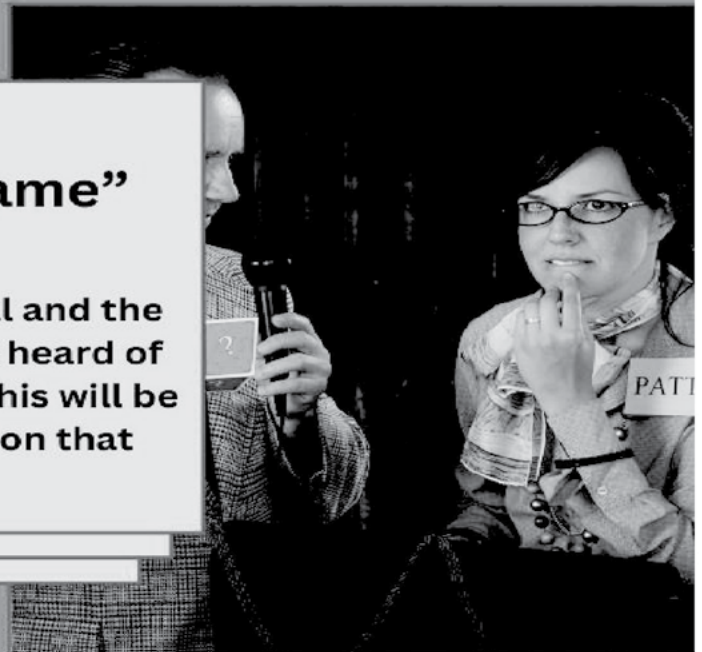
Join us for a night of fun!

Friday February 16th
Dinner at 6pm, show to follow

Dinner and “The Oldlyweds Game”

\$10 per person

Come enjoy a wonderful meal and the show that follows. You have heard of the Newlyweds game show? This will be a fun and entertaining spin on that great show!



Tickets on sale at the front desk until 2/9/2024.

This is open to the public of any age, so invite your friends, neighbors and family for an evening of laughter and good food!

SENIOR CENTER SIDNEY-SHELBY COUNTY
304 SOUTH WEST AVENUE
SIDNEY, OHIO 45365

NON PROFIT ORG
U.S. POSTAGE
PAID
SIDNEY, OHIO
PERMIT NO. 150

BOARD MEMBERS 2023 - 2024:

President, Shelia Nuss
Vice President, Steve Schroeder
Secretary, Jean Borgert
Trustee, Steve Knouff
Trustee, Rick Paulus
Trustee, Larry Donahue
Trustee, Nancy Roettger
Trustee, Judy Drum
Trustee, Nancy Lillard
Trustee, Roxanne Shepherd
Trustee, Lloyd Wiford
Shelby County Commissioner, Tony Bornhorst
Sidney City Manager, Andrew Bowsher
Sr. Ctr. Foundation Rep, Mike Monnier

STAFF:

Rachel Hale, Executive Director
Cindy Lambert, Program Coordinator
Elizabeth Hamm, Receptionist
Pam Moorman, Part-time Finance Officer
Carolyn Warner, Part-time Receptionist
Tim Yinger, Part-time Receptionist



The Senior Center of Sidney-Shelby County is funded in part by
The Shelby County Commissioners
The City of Sidney, Shelby County United Way
and Member Dues & Fund Raisers